

The Power Of Kabbalah

'The Torah is both hidden and revealed ... there is a secret meaning to the holy Torah that is not written down explicitly or explained in it' This selection offers a comprehensive survey of the 'Kabbalah', the body of writings in the Jewish mystical tradition. It features texts from a variety of literary forms, from the earliest biblical sources through to the early twentieth century, with a section on 'practical kabbalistic knowledge and procedure' to appeal to the modern market.

Kabbalah; The Power to Change Everything (Portuguese) is a progressive manual for daily life to awaken consciousness and create personal and global change. Yehuda Berg examines the problematic areas of politics, religion, environment, and economy, and demonstrates how everything, no matter how bleak, can be transformed by shifting our minds. Writing in a smart, concise, and sometimes irreverent manner, Yehuda urges us to take responsibility because every action we perform in the present creates a quantum effect. This book drives home the uncomfortable truth that global challenges are opportunities for individual change. Change your mind, and change our world.

As Yehuda Berg showed with The 72 Names of God, hidden beneath the surface of ancient texts exist powerful, transformative technologies. In Kabbalah: The Dreams Book, Berg examines the meanings of dreams by using Kabbalistic principles. Dreams, he says, offer valuable messages and wisdom, and to ignore them is the same as

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leaving a potentially life-changing letter unopened. Berg shows readers how to interpret the directions in their dreams, from how to find a soul mate to ways to deflect negative energy and judgments.

The ancient Jewish spiritual tradition of Kabbalah is shown to be far more than an otherworldly, occult way of knowledge -- it is a direct, often revolutionary response to the tyranny of earthly potentates and kings.

Based on a popular series of talks given by renowned Kabbalist Yehuda Berg, Kabbalah on Love offers a simple yet profound message: love is not something that is learned or acquired, but an essence within, waiting to be revealed. Buried by layers of ego, fear, shame, doubt, low self-esteem, and other limitations, love can only be activated by sharing and serving unconditionally. Only then will the layers fall away and the essence of love reveal itself. Berg makes the distinction between love and need — which is a selfish product of ego — and reminds readers that only after connecting with the love within, and learning to love themselves, can they truly love someone else. This charming book, published just in time for Valentine's Day, is also a thoughtful gift for any day of the year.

"The simple and practical wisdom I have gained by reading this book and studying Kabbalah is immeasurable." --Madonna "This book will inspire your soul. Michael Berg has accomplished the monumental task of translating the eternal truths of life into spiritual common sense. Without a doubt, The Way will become one of the sacred texts

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of your own life." -Caroline Myss, Ph.D., author of Anatomy of the Spirit and Sacred Contracts The spiritual way of Kabbalah has grown from a hidden treasure into a widespread mainstream movement that has helped people from every walk of life, all around the world, to improve their lives. In this bestselling book, Michael Berg of The Kabbalah Centre-the world's leading educational institution teaching the wisdom of Kabbalah-shows you how to recognize and understand the key spiritual laws in order to improve your life and the lives of everyone around you. The Way will teach you meditation and prayer techniques and how to reduce emotional chaos and increase personal harmony. At once groundbreaking and so clearly written that it is accessible to anyone following any spiritual path, The Way provides the spiritual power tools to attain true fulfillment and happiness.

Outlines a drug-free approach to overcoming depression, drawing on ancient Kabbalah philosophies to counsel sufferers on how to break cycles of depression, reconnect with desire, and reclaim their lives, in a guide that is complemented by inspirational case stories.

The Power of Kabbalah This Book Contains the Secrets of the Universe and the Meaning of Our Lives Mobius

Explains the basic teachings of the kabbalah, using examples taken from the lives of teenagers and the author, and gives exercises at the ends of the chapters to help readers think about what they have read.

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So what exactly fuels the popularity of the Red String, seen on the left wrists of so many celebrities? With the official Red String provided in the back of The Red String Book we offer everyone the opportunity to discover it for themselves. Rooted in the ancient, timeless wisdom of Kabbalah, this simple tool holds the power of protection. No matter what race, religion, faith, or gender, anyone can experience transformation and ignite self-fulfillment as a result of reading The Red String Book.

Kabbalah is an ancient Jewish wisdom that explains the laws of spiritual energy. Up until very recently the Kabbalah was reserved for the elite, those who only after years of scholarship and practice were allowed to enter this mystical realm. However, one doesn't need to devote one's life to intense study to reap the rich rewards of the Kabbalah. With just a basic understanding of a few key concepts, our lives can be enriched immensely. We can then begin to fulfill our deepest dreams and reach our most important goals, becoming the people we long to become. By learning to understand the Sefirot--the ten spiritual properties that flow from the cosmic source into our heart--we can connect to the universe and profoundly transform our experience of daily life. For example, Hessed, or "loving-kindness," represents the desire to be generous, while Gevurah is the desire to focus intently or withhold. These properties must be balanced in order for harmony and well-being to occur. Rabbi Laibl Wolf shows how to maintain that balance and enjoy a healthy and productive life by using simple meditation and creative visualization techniques to grasp the spiritual nature of our life. Practical Kabbalah draws upon ancient wisdom but offers a modern interpretation and easy-to-understand techniques for delving deeper into our selves and our world and for reaping the bounteous gifts that were always meant for us.

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With the second volume of "Days of Power", Kabbalist Rav Berg continues his revelation of the secret energies of the holidays. This is vital information, and it has never been more urgently needed than it is today. For as the Rav makes clear, there is only one solution to the chaos that now besets the world. That solution is the wisdom of Kabbalah, and the powerful energies that become accessible to us at specific moments of the year. These moments are the holidays, each of which has unique power and purpose. Moreover, the power and purpose of the holidays are intended for everyone. Like Kabbalah itself, the holidays transcend any religion or nationality. They are truly the shared birthright of all humankind. By bringing the power of the holidays into our lives, we can transform ourselves. Whats more, as greater and greater numbers of people achieve this transformation, pain, suffering and every form of chaos will literally be erased forever. Even death itself will cease to hold dominion. This is not a dream. It is not even a miracle as that word is usually understood. Rather, it is the true purpose of our existence. Far from being mere commemorations, the holidays are key tools for attaining that purpose, and "Days of Power" is a practical users manual for each and every holiday. The study of the Bible is a lifelong pursuit and there are many teachings within its veiled text. Bringing forward a fresh and relevant message about our purpose, and how to make life better, kabbalistic scholar, Michael Berg, imparts wisdom from decades of research and sources unique to his lineage. Gems of insight from the Zohar, Rav Berg, Rav Ashlag, Rav Isaac Luria (the Ari) as well as other known kabbalists are complemented by lessons from the ages. Kabbalists believe that the Bible is not just a book of stories or an historical archive of events: It is a guide to understanding the nature of this world, of life, and of the planet. Although these events physically took place thousands of years ago, there are transcendent fundamentals

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hidden within each tale. Michael drills through complex concepts to reveal essential truths. He utilizes biblical texts to expand our perception to see God in everything and everyone. Although Michael shares ideas that can awaken a desire for transformation, the gift he offers is another view of the Bible and its secrets.

Do you find yourself drawn to the mystical Kabbalah? Are you a beginner, seeking to understand what this wonderful, Kabbalistic way of life is all about? Perhaps you're seeking more information about Jewish mysticism? Whatever the case, this book will show you the very basics about Kabbalah, the essential philosophies that form the foundations of Jewish mysticism, and how you can apply this knowledge to your life. In this book, you'll learn: What the Kabbalah is (and what it isn't!) The Hermetic Qabalah, and its fundamental principles The core Kabbalistic concepts you need to know to get your practice right The angels that are most relevant to the practice of Kabbalah Kabbalah and its divine connection to the stars The difference between the knowable and unknowable Divine The five levels of your soul and how we ascend them and descend them The sacred Kabbalistic texts that form the main source of your Kabbalistic knowledge And lots more! With this handy guidebook as your starting point, you can finally take the plunge into your practice of Kabbalah. You will find this book to be a refreshing one, as you learn that you don't have to be a rabbi, or know how to speak fluent Hebrew or Aramaic, or even be a Jew before you enjoy the light of the Kabbalah in your life. Before you read any other book, use this one as a launchpad, and you won't have to deal with the confusion that most beginners often experience when reading other texts. Click the "add to cart" button to learn how to follow the way of Kabbalah.

A layperson's introduction to the spiritual practice's philosophies and rituals profiles Kabbalah

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as a faith that promotes love, self-control, healing, and other peaceful virtues, in a guide that also includes coverage of such topics as color significance, meditative practices, and special days.

Ancient Kabbalistic mysticism and the search for meaning by looking to the stars are related in ways that may surprise readers. Kabbalah, in fact, offers arguably the oldest and wisest application of astronomy and astrology known to humankind. Kabbalistic Astrology is a tool for understanding one's individual nature at its deepest level and putting that knowledge to immediate use in the real world. A natural addition to Berg's many writings on spirituality, the book explains why destiny is not the same as predestination and shows that we have many possible futures and can become masters of our fate. Written in Berg's trademark clear, intelligible style, the book teaches how to discover challenges faced in previous incarnations and how to overcome them, as well as the secrets to finding the love, success, and spiritual fulfillment.

This engaging deck of 72 cards distills the essence of Yehuda Berg's best-selling book, *The Power of Kabbalah*, offering a new and accessible way to learn about this ancient wisdom. Each card features a key passage selected from the book, followed by a thought-provoking question or exercise, making the cards highly interactive tools for spiritual growth and transformation.

Here are previously unavailable texts, including *The Book Bahir* and the writings of the Iyyum circle, that were written during the first one hundred years of this movement that was to become the most important current in Jewish mysticism. This movement began in the late 12th century among Rabbinic Judaism in southern Europe.

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Inspiring, mystical, and often surprising Chassidic tales combine with teachings and favorite Jewish recipes to nourish body and soul. Stories and food have always been central to Jewish life, and in this book, they are uniquely tied together. Thirty-nine Chassidic tales, revolving around food and eating and accompanied by spiritual teachings, delve into the mysteries of the Kabbalah, the joy of the Chassidim, and the power of religious faith and acts of kindness (mitzvot). Sixty-three recipes highlight Kosher cooking and the special foods traditionally prepared for Shabbat and the major Jewish holidays, including such favorites as knishes, latkes, gefilte fish, brisket, kugel, bagels, and challah bread. Many of the recipes are suitable for children to learn to cook.

"“A masterpiece. The rich tradition of the Kabbalah comes to life in a language that is accessible even to those unfamiliar with this ancient and classic tradition.” —Caroline Myss, Ph.D., New York Times bestselling author of *Anatomy of the Spirit* Mystics are adventurers of the spirit who dare to push beyond the boundaries of orthodox tradition to pursue a common goal—the direct experience of God. *Kabbalah: Key to Your Inner Power* explores the once-secret Jewish mystical tradition known as Kabbalah. With intriguing new perspectives, it shows how we can use Kabbalah’s extraordinary revelations about the creation of the universe, our relationship to God and our purpose in life to unlock our own spiritual power. It brings to life the path of the Jewish mystics—their joys and ecstasies, their sacred visions, and their practical techniques for experiencing the sacred in everyday life. Includes 36 illustrations, 19 charts and diagrams, pronunciation guide."

The world is full of sex manuals instructing the reader on the ins and outs of great sex, but these tend to focus on only one aspect; the physical mechanics. According to Kabbalah, the

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key to fulfilling sex lies in self-awareness, not simply technique. The Kabbalah Book of Sex is a ground-breaking guide by acclaimed author and teacher Yehuda Berg. It offers readers kabbalistic tips for overcoming shame and lack of self-respect, as well as a way for accessing higher levels of connection to ourselves, to our partners, and to spirit. Through the ancient wisdom revealed here, the floodgates of passion and desire will open wide. Your sex will become the truly sacred connection it was always meant to be.

A forefront Kabbalah teacher and co-director of the Kabbalah Centre International outlines a practical and systematic approach to integrating Kabbalah into daily life by overcoming negative thoughts and patterns, creating positive change, and living abundantly, in a resource that is complemented by spiritual exercises, journal prompts, and meditation guidelines.

According to the teachings of Kabbalah, angels are the infrastructure of the universe, the invisible conduit that moves energy along. Some have existed forever: archangels, angels of the days of the week and the zodiac, guardian angels, the angels of death and judgment. Other angels, both positive and negative, are created through our actions. Inteligencia angelical reveals the power behind these unseen forces and shows how, through Kabbalah, readers can harness that power, transform their lives, and find greater fulfillment.

A translation of the Kabbalah for the layperson includes a compact presentation of each primary text and features a practical analysis and vital historical information that offer insight into the various aspects of Jewish mysticism.

Jewish mystics from biblical times to the present have explored the hidden secrets of the Torah in quest of a single goal: to lose the self in the Infinite "No-

thingness" (Ein Sof) and be at one with God. In language accessible to the layperson, this Shambhala Guide provides a detailed introduction to the complex world of Kabbalah and Jewish mysticism. With an extensive background in meditation practice, Perle Besserman emphasizes Kabbalah's spiritual disciplines, grounded in righteous living, devotional practices, and meditation. She discusses the Kabbalistic universe, including the four worlds and ten sefirot; Jewish meditation techniques and instructions for beginning meditation; mystics and teachers from Rabbi Akiva and the Baal Shem Tov to Aryeh Kaplan; the often uneasy relationship between Kabbalah and mainstream Judaism; and applying the ancient wisdom of Jewish mysticism to life in the world of today. Kabbalah Made Easy is a down-to-earth, no-red-strings-attached look at the Judaic mystical system that has been made famous by the Kabbalah Center. The book explains why Kabbalah can seem so complex and breaks the system down into simple, understandable chunks. It examines the different systems that are in operation today including the Lurianic tradition, the Golden Dawn, magical, alchemical and Christian Kabbalah as well as the re-emerging Toledano Tradition, which is taking Kabbalah back to its roots while making it accessible to the modern world. The book explains the basics of the Kabbalistic Tree of Life diagram as well as the four worlds of Jacob's Ladder. It includes Kabbalistic lore

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on angels, astrology and gematria, as well as exercises and meditations that are simple but profound.

Familiar reality is the one percent material realm in which we live; there are other dimensions - the world beyond our five senses. According to Kabbalah, this is called the 99 percent realm. Everything we truly desire - love, joy, peace of mind, freedom - is of the ethereal nature found in the 99 percent realm. The problem is that most of us have inadvertently disconnected ourselves from this source. By learning how to maintain a connection to this higher source, we can vanish any form of chaos, personal struggle, and despair, and materialize a life of lasting fulfillment. This foundational text on Kabbalah features new content and is more accessible for meeting today's current challenges. The exercises included will help readers break free of prevalent beliefs and habits that lead to negativity. Readers will discover how to align their actions with their higher purpose and become conscious of the unlimited possibilities in their own life.

A dynamic exposition of the powerful, ancient Sephardic tradition of dreaming passed down from the renowned 13th-century kabbalist Isaac the Blind • Includes exercises and practices to access the dream state at will in order to engage with life in a state of enhanced awareness • Written by the close student of revered kabbalist Colette Aboulker-Muscat In Kabbalah and the Power of

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Dreaming Catherine Shainberg unveils the esoteric practices that allow us to unlock the dreaming mind's transformative and intuitive powers. These are the practices used by ancient prophets, seers, and sages to control dreams and visions. Shainberg draws upon the ancient Sephardic Kabbalah tradition, as well as illustrative stories and myths from around the Mediterranean, to teach readers how to harness the intuitive power of their dreaming. While the Hebrew Bible and our Western esoteric tradition give us ample evidence of dream teachings, rarely has the path to becoming a conscious dreamer been articulated. Shainberg shows that dreaming is not something that merely takes place while sleeping--we are dreaming at every moment. By teaching the conscious mind to be awake in our sleeping dreams and the dreaming mind to be manifest in daytime awareness, we are able to achieve revolutionary consciousness. Her inner-vision exercises initiate creative and transformative images that generate the pathways to self-realization.

Describes how the secret wisdom tradition known as the cabala can provide guidelines for reaching the universe of light that practitioners believe exists beyond the everyday world.

From best-selling author and noted teacher and speaker Yehuda Berg comes a thought-provoking call to action on our current global crisis. Positing that our

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collective abdication of responsibility -- in every facet of our lives, including business and the economy, the environment, government and politics, healthcare, education, and religion -- has contributed to the problems and challenges we face, Berg asserts that taking responsibility for our actions (or lack thereof) and their consequences is the key to achieving change for the better. Berg urges readers to access the power within each of us, using the principles of Kabbalah, in order to create the consciousness shift required for lasting positive change.

Kabbalah For Dummies presents a balanced perspective of Kabbalah as an “umbrella” for a complex assemblage of mystical Jewish teachings and codification techniques. Kabbalah For Dummies also shows how Kabbalah simultaneously presents an approach to the study of text, the performance of ritual and the experience of worship, as well as how the reader can apply its teaching to everyday life.

The new big thing in terms of spiritual enlightenment, the powerful principles of the Kabbalah have attracted a swathe of celebrity followers ranging from Madonna, Jerry Hall, Elizabeth Taylor, Mick Jagger and Guy Ritchie - as well as over 3.5 million other dedicated students worldwide. Previously shrouded in secrecy, its teachings were passed down orally from generation to generation to

only an elite few. Now, in THE POWER OF KABBALAH, Rabbi Yehuda Berg has created a user's manual for today's world, in which its wisdom is conveyed in a highly accessible, practical form for all to follow. For the first time, these secret teachings are brought to bear on the real world issues faced by us everyday - in our careers, with family and friends, and in our innermost personal thoughts. Rabbi Yehuda Berg sets out a practical collection of principles and instructions for improving our lives - helping us to get to where we really want to be emotionally, spiritually, financially and creatively in all aspects of our life. This truly spiritual book reveals not only what life means, but the actions we can each take to create the life we want and deserve.

“Magic culture is certainly fascinating. But what is it? What, in fact, are magic writings, magic artifacts?” Originally published in Hebrew in 2010, *Jewish Magic Before the Rise of Kabbalah* is a comprehensive study of early Jewish magic focusing on three major topics: Jewish magic inventiveness, the conflict with the culture it reflects, and the scientific study of both. The first part of the book analyzes the essence of magic in general and Jewish magic in particular. The book begins with theories addressing the relationship of magic and religion in fields like comparative study of religion, sociology of religion, history, and cultural anthropology, and considers the implications of the paradigm shift in the interdisciplinary understanding of magic for the study of Jewish

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magic. The second part of the book focuses on Jewish magic culture in late antiquity and in the early Islamic period. This section highlights the artifacts left behind by the magic practitioners—amulets, bowls, precious stones, and human skulls—as well as manuals that include hundreds of recipes. Jewish Magic before the Rise of Kabbalah also reports on the culture that is reflected in the magic evidence from the perspective of external non-magic contemporary Jewish sources. Issues of magic and religion, magical mysticism, and magic and social power are dealt with in length in this thorough investigation. Scholars interested in early Jewish history and comparative religions will find great value in this text.

For thousands of years, no book has been more shrouded in mystery than the Zohar, yet no book offers us greater wisdom. The central text of Kabbalah, the Zohar is a commentary on the Bible's narratives, laws, and genealogies and a map of the spiritual landscape. In *The Essential Zohar*, the eminent kabbalist Rav P. S. Berg decodes its teachings on evil, redemption, human relationships, wealth and poverty, and other fundamental concerns from a practical, contemporary perspective. The Zohar and Kabbalah have traditionally been known as the world's most esoteric sources of spiritual knowledge, but Rav Berg has dedicated his life to making this concentrated distillation of infinite wisdom available to people of all faiths so that we may use its principles to live each day in harmony with the divine.

Hasidic Art and the Kabbalah presents eight case studies of manuscripts, ritual objects

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and folk art developed by Hasidic masters in the mid-eighteenth to late nineteenth centuries, whose form and decoration relate to sources in the Zohar, German Pietism, and Safed Kabbalah.

Statistic show that the number of unmarried women in the US has now surpassed the number of married women, and many single men are duly frustrated that the women they're meeting are just not that into them. But there's hope for the 100 million singles who are looking for the true connection. Meet to Marry founder and dating coach Bari Lyman discovered the common link that keeps most people from happily ever after. In Meet to marry, Lyman shares her time-tested method and revolutionary advice to finding wedded bliss. Using her Assess, Attract and Act approach to dating, she shows readers how, by changing their mind-set and removing their "blind spots," they will reap a relationship match that takes them from being single to the alter.

Based on an innovative blend of Kabbalah and magic, a step-by-step program toward spiritual attainment guides readers through each level of the the Golden Dawn system of ritual magic and its corresponding sphere in the Kabbalah Tree of Life. Original. 10,000 first printing.

Another Modernity is a rich study of the life and thought of Elia Benamozegh, a nineteenth-century rabbi and philosopher whose work profoundly influenced Christian-Jewish dialogue in twentieth-century Europe. Benamozegh, a Livornese rabbi of Moroccan descent, was a prolific writer and transnational thinker who corresponded

widely with religious and intellectual figures in France, the Maghreb, and the Middle East. This idiosyncratic figure, who argued for the universalism of Judaism and for interreligious engagement, came to influence a spectrum of religious thinkers so varied that it includes proponents of the ecumenical Second Vatican Council, American evangelists, and right-wing Zionists in Israel. What Benamozegh proposed was unprecedented: that the Jewish tradition presented a solution to the religious crisis of modernity. According to Benamozegh, the defining features of Judaism were universalism, a capacity to foster interreligious engagement, and the political power and mythical allure of its theosophical tradition, Kabbalah—all of which made the Jewish tradition uniquely equipped to assuage the post-Enlightenment tensions between religion and reason. In this book, Clémence Boulouque presents a wide-ranging and nuanced investigation of Benamozegh's published and unpublished work and his continuing legacy, considering his impact on Christian-Jewish dialogue as well as on far-right Christians and right-wing religious Zionists.

The Kabbalist Rabbi Laitman, who was the student and personal assistant to Rabbi Baruch Ashlag from 1979-1991, follows in the footsteps of his rabbi in passing on the wisdom of Kabbalah to the world. This book is based on sources that were passed down by Rabbi Baruch's father, Rabbi Yehuda Ashlag (Baal HaSulam), the author of 'the Sulam', the commentaries on The Book of Zohar, who continued the ways of the Ari and Rabbi Shimon Bar Yochai and many great Kabbalists throughout the

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generations before them. The goal of this book is to assist individuals in confronting the first stages of the spiritual realm. This unique method of study, which encourages sharing this wisdom with others, not only helps overcome the trials and tribulations of everyday life, but initiates a process in which individuals extend themselves beyond the standard limitations of today's world.

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