

Presto How I Made Over 100 Pounds Disappear And Other Magical Tales

“Gripping and timely.” —People “The YA debut we’re most excited for this year.” —Entertainment Weekly “A book that knocks you off your feet while dropping the kind of knowledge that’ll keep you down for the count. Prepare to BE slain.” —Nic Stone, New York Times bestselling author of Dear Martin and Odd One Out Ready Player One meets The Hate U Give in this dynamite debut novel that follows a fierce teen game developer as she battles a real-life troll intent on ruining the Black Panther–inspired video game she created and the safe community it represents for Black gamers. By day, seventeen-year-old Kiera Johnson is an honors student, a math tutor, and one of the only Black kids at Jefferson Academy. But at home, she joins hundreds of thousands of Black gamers who duel worldwide as Nubian personas in the secret multiplayer online role-playing card game, SLAY. No one knows Kiera is the game developer, not her friends, her family, not even her boyfriend, Malcolm, who believes video games are partially responsible for the “downfall of the Black man.” But when a teen in Kansas City is murdered over a dispute in the SLAY world, news of the game reaches mainstream media, and SLAY is labeled a racist, exclusionist, violent hub for thugs and criminals. Even worse, an anonymous troll infiltrates the game, threatening to sue Kiera for “anti-white discrimination.” Driven to save the only world in which she can be herself, Kiera must preserve her secret identity and harness what it means to be unapologetically Black in a world intimidated by Blackness. But can she protect her game without losing herself in the process?

The celebrated comedian sifts through his father's personal history, offering readers a touching funny portrait of a man who rode the rails during the great Depression and fought during World War II.

Perform fast interactive analytics against different data sources using the Trino high-performance distributed SQL query engine. With this practical guide, you'll learn how to conduct analytics on data where it lives, whether it's Hive, Cassandra, a relational database, or a proprietary data store. Analysts, software engineers, and production engineers will learn how to manage, use, and even develop with Trino. Initially developed by Facebook, open source Trino is now used by Netflix, Airbnb, LinkedIn, Twitter, Uber, and many other companies. Matt Fuller, Manfred Moser, and Martin Traverso show you how a single Trino query can combine data from multiple sources to allow for analytics across your entire organization. Get started: Explore Trino's use cases and learn about tools that will help you connect to Trino and query data Go deeper: Learn Trino's internal workings, including how to connect to and query data sources with support for SQL statements, operators, functions, and more Put Trino in production: Secure Trino, monitor workloads, tune queries, and connect more applications; learn how other organizations apply Trino

Here you'll find a magic book Where all's not what it seems. For when you turn each object round PRESTO CHANGE-O The unexpected will be seen. See the raccoon hiding in a magic cauldron? The owl pretending to be a clock? The lion masquerading as a flower? A rabbit hiding in a hot-air balloon? Kids will love working magic with just a few simple turns—and a few rhyming verses—that transform everyday objects into familiar creatures. Simple manipulations for little hands make this a literal page turner.

From Emmy Award–winning, world-famous magician Penn Jillette comes an irreverent, hilarious, and provocative book of essays—the perfect gift for the skeptic in your life. Let's be honest—nobody has more fun than atheists. Don't believe it? Well, consider this: For non-believers, every day you're alive is a day to celebrate! And no one celebrates life to the fullest like Penn Jillette, the larger, louder half of legendary magic duo Penn & Teller, whose

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spectacularly witty and sharply observant essays in *Every Day Is an Atheist Holiday!* will entertain zealots and skeptics alike. Whether he's contemplating the possibility of life after death, deconstructing popular Christmas carols, or just calling bullsh*t on Donald Trump, Jillette does not fail to shock and delight his readers. And as ever, underneath these rollicking rants lie a deeply personal philosophy and a generous spirit, which find joy and meaning in family, and peace in the simple beauty of the everyday. *Every Day Is an Atheist Holiday!* is a hysterical affirmation of life's magic from one of the most distinctly perceptive and provocative humorists writing today.

The potato hack was modeled after an 1849 diet plan for people that were becoming fat and "dyspeptic" from living too luxuriously. This potato diet simply called for one to eat nothing but potatoes for a few days at a time, promising that fat men become as "lean as they ought to be." One hundred and sixty-seven years later, we are fatter and sicker than ever, but the potato diet still works. Potatoes contains natural drug-like agents that affect inflammation, hunger, insulin, sleep, dreams, mood, and body weight. The potato is the best diet pill ever invented. The potato hack is a short-term intervention (3-5 days) where one eats nothing but potatoes. This short mono-food experiment will strengthen your immune system and provide you with all of the nutrition you need to remain energetic, sleep great, and, as a side-effect, lose weight. The potato hack will help you develop a new relationship with food, hunger, taste, and yourself. The potato hack is not just for the overweight. As noted in 1849, anyone with digestive complaints who follows an all-potato diet for a few days at a time will find their digestion improves greatly. Modern science shows that simple diets high in fiber create an intestinal microbiome that is highly diverse and stable. This diversity and stability is lacking in most people and leads to digestive complaints like Gastroesophageal reflux disease (GERD), Irritable bowel syndrome (IBS), Inflammatory bowel disease (IBD), and Small intestinal bacterial overgrowths (SIBO). The "modern dyspeptic gut" affects millions of people and costs billions of dollars annually. The answer might be as simple as 3-5 days of potatoes. You don't need this book to do the potato hack. Just eat potatoes until full every day for 3-5 days. It really is that simple! This book explains the science behind the potato hack, some variations on the basic hack, recipes, and what to do if it does not work as advertised. Also found in *The Potato Hack* is a comprehensive review of resistant starch, gut health, potato history, and a growing guide for those that want to grow their own. Most of the photography throughout the book was done by award-winning photographer, Ann Overhulse. The artfully photographed potatoes found on the cover and on 30 pages within are well worth the full price of the book. Guaranteed that after reading *The Potato Hack*, you will never look at potatoes the same.

Learn how to season cast iron, clean cast iron, and cook 90 tantalizing recipes in your cast iron skillet. This cookbook aims to show modern cooks how this inexpensive cast iron tool is the best pan in their kitchen. Fusing new and traditional recipes and gathering farm-fresh produce and ingredients, the authors show cooks how to make delicious food in this versatile skillet. Recipes include: Succulent Seared Pork Chops with Plum-Mustard-Cornichon Sauce; Dutch Baby (puffed pancake with lemon and powdered sugar); Grilled Prosciutto-Wrapped Radicchio; and Warm Pear Upside Down Cake.

In this magical debut -- a finalist for the Pulitzer Prize -- a couple's lives are changed forever by the arrival of a little girl, wild and secretive, on their snowy doorstep. *Alaska, 1920*: a brutal place to homestead, and especially tough for recent arrivals Jack and Mabel. Childless, they are drifting apart--he breaking under the weight of the work of the farm; she crumbling from loneliness and despair. In a moment of levity during the season's first snowfall, they build a child out of snow. The next morning the snow child is gone--but they glimpse a young, blonde-haired girl running through the trees. This little girl, who calls herself

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Faina, seems to be a child of the woods. She hunts with a red fox at her side, skims lightly across the snow, and somehow survives alone in the Alaskan wilderness. As Jack and Mabel struggle to understand this child who could have stepped from the pages of a fairy tale, they come to love her as their own daughter. But in this beautiful, violent place things are rarely as they appear, and what they eventually learn about Faina will transform all of them.

It all begins with a letter. Fall in love with Penguin Drop Caps, a new series of twenty-six collectible and hardcover editions, each with a type cover showcasing a gorgeously illustrated letter of the alphabet. In a design collaboration between Jessica Hische and Penguin Art Director Paul Buckley, the series features unique cover art by Hische, a superstar in the world of type design and illustration, whose work has appeared everywhere from Tiffany & Co. to Wes Anderson's recent film *Moonrise Kingdom* to Penguin's own bestsellers *Committed* and *Rules of Civility*. With exclusive designs that have never before appeared on Hische's hugely popular Daily Drop Cap blog, the Penguin Drop Caps series debuted with an 'A' for Jane Austen's *Pride and Prejudice*, a 'B' for Charlotte Brönte's *Jane Eyre*, and a 'C' for Willa Cather's *My Ántonia*. It continues with more perennial classics, perfect to give as elegant gifts or to showcase on your own shelves. R is for Rushdie. Set in an exotic Eastern landscape peopled by magicians and fantastic talking animals, Salman Rushdie's classic children's novel *Haroun and the Sea of Stories* inhabits the same imaginative space as *Gulliver's Travels*, *Alice in Wonderland*, and *The Wizard of Oz*. Haroun, a 12-year-old boy sets out on an adventure to restore the poisoned source of the sea of stories. On the way, he encounters many foes, all intent on draining the sea of all its storytelling powers.

Laugh-out-loud, deeply insightful, and emotion-filled essays from multitalented actress, comedian, podcaster, and writer Casey Wilson. Casey Wilson has a lot on her mind and she isn't afraid to share. In this dazzling collection, each essay skillfully constructed and brimming with emotion, she shares her thoughts on the joys and vagaries of modern-day womanhood and motherhood, introduces the not-quite-typical family that made her who she is, and persuasively argues that lowbrow pop culture is the perfect lens through which to examine human nature. Whether she's extolling the virtues of eating in bed, processing the humiliation over her father's late in life perm, mourning her mother's passing, or revealing her patented method for keeping the mystery alive in a marriage, Casey is witty, candid, and full of poignant and funny surprises. Humorous dives into her obsessions and areas of personal expertise—self-help, nice guys, cool girls (not her) and how to receive visitors in the bath—are matched by touching meditations on female friendship, anger, grief, motherhood, and identity. Reading *The Wreckage of My Presence* is like spending time with a close friend—a deeply passionate, full-tilt, joyous, excessive, compulsive, shameless, hungry-for-it-all, loyal, cheerleading friend. A friend who is ready for any big feelings that come her way—and isn't afraid to embrace them.

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AN INSTANT NEW YORK TIMES BESTSELLER / AN OPRAH'S BOOK CLUB PICK PRESIDENT OBAMA'S SUMMER 2021 READING LIST In the spirit of *The Known World* and *The Underground Railroad*, "a miraculous debut" (*Washington Post*)? and "a towering achievement of imagination" (*CBS This Morning*) about the unlikely bond between two freedmen who are brothers and the Georgia farmer whose alliance will alter their lives, and his, forever—from "a storyteller with bountiful insight and assurance" (*Kirkus*) A *New York Times* Book Review Editors' Choice A July Indie Next Pick In the waning days of the Civil War, brothers Prentiss and Landry—freed by the Emancipation Proclamation—seek refuge on the homestead of George Walker and his wife, Isabelle. The Walkers, wracked by the loss of their only son to the war, hire the brothers to work their farm, hoping through an unexpected friendship to stanch their grief. Prentiss and Landry, meanwhile, plan to save money for the journey north and a chance to reunite with their mother, who was sold away when they were boys. Parallel to their story runs a forbidden romance between two Confederate soldiers. The young men, recently returned from the war to the town of Old Ox, hold their trysts in the woods. But when their secret is discovered, the resulting chaos, including a murder, unleashes convulsive repercussions on the entire community. In the aftermath of so much turmoil, it is Isabelle who emerges as an unlikely leader, proffering a healing vision for the land and for the newly free citizens of Old Ox. With candor and sympathy, debut novelist Nathan Harris creates an unforgettable cast of characters, depicting Georgia in the violent crucible of Reconstruction. Equal parts beauty and terror, as gripping as it is moving, *The Sweetness of Water* is an epic whose grandeur locates humanity and love amid the most harrowing circumstances.

Popular Mechanics inspires, instructs and influences readers to help them master the modern world. Whether it's practical DIY home-improvement tips, gadgets and digital technology, information on the newest cars or the latest breakthroughs in science -- PM is the ultimate guide to our high-tech lifestyle.

A guide based on the authors' conversations with a wealthy old-time hustler counsels players on how to profitably cheat during poker games with friends, covering such tactics as marking cards, stashing holdouts, and targeting opponents.

Marina Coralin struggles with depression after the appearance of inexplicable powers led to a mass death. Carter Pyric grapples with the carefully hidden secrets his mother's death left him to face. When the two meet on an uncharted island, their combined forces lead to a newfound trusting relationship and shocking discoveries about their lineage.

SOON TO BE A FILM FROM NETFLIX STARRING LILY JAMES, CAREY MULLIGAN, AND RALPH FIENNES. A succinct and witty literary venture that tells the strange story of a priceless treasure discovered in East Anglia on the eve of World War II In the long, hot summer of 1939, Britain is preparing for war, but on a riverside farm in Suffolk there is excitement of another kind. Mrs. Pretty, the widowed owner of the farm, has had her hunch confirmed that the mounds on her land hold buried treasure. As the dig proceeds, it becomes

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clear that this is no ordinary find. This fictional recreation of the famed Sutton Hoo dig follows three months of intense activity when locals fought outsiders, professionals thwarted amateurs, and love and rivalry flourished in equal measure. As the war looms ever closer, engraved gold peeks through the soil, and each character searches for answers in the buried treasure. Their threads of love, loss, and aspiration weave a common awareness of the past as something that can never truly be left behind.

Living in a "perfect" world without social ills, a boy approaches the time when he will receive a life assignment from the Elders, but his selection leads him to a mysterious man known as the Giver, who reveals the dark secrets behind the utopian facade.

Collects practical jokes, tricks, and anecdotes for the armchair magician, including the "eternal card trick," "tattoo of blood," and "off the cuff"

Penn Jillette's New York Times bestselling account of his "extremely funny and somewhat profane journey to discovering a healthy lifestyle...that will motivate others to seek weight-loss solutions" (The Washington Post). More than three hundred and thirty pounds and saddled with a systolic blood pressure reading at dangerous heights, legendary magician Penn Jillette found himself at a crossroads. He needed a drastic lifestyle change if wanted to see his small children grow up. Enter Crazy Ray. A former NASA scientist and unconventional, passionate innovator, Ray Cronise changed Penn Jillette's life with his wild "potato diet." In Presto, Jillette takes us along on his journey from skepticism to the inspiring, life-changing momentum that transformed the magician's body and mind. He describes the process in hilarious detail, as he performs his Las Vegas show, takes meetings with Hollywood executives, hangs out with his celebrity friends and fellow eccentric performers, all while remaining a dedicated husband and father. Throughout, he weaves in his views on sex, religion, and pop culture, making his story a refreshing, genre-busting account. Outspoken, frank, and bitingly clever, Presto is an incisive, rollicking read. In the end, it is "undeniably inspiring" (Booklist).

Do you feel like your thoughts, ideas, and plans are being suffocated by a constant onslaught of information? Do you want to get those great ideas out of your head, onto the whiteboard and into everyone else's heads, but find it hard to start? No matter what level of sketching you think you have, Presto Sketching will help you lift your game in visual thinking and visual communication. In this practical workbook, Ben Crothers provides loads of tips, templates, and exercises that help you develop your visual vocabulary and sketching skills to clearly express and communicate your ideas. Learn techniques like product sketching, storyboarding, journey mapping, and conceptual illustration. Dive into how to use a visual metaphor (with a library of 101 visual metaphors), as well as tips for capturing and sharing your sketches digitally, and developing your own style. Designers, product managers, trainers, and entrepreneurs will learn better ways to explore problems, explain concepts, and come up with well-defined ideas - and have fun doing it.

The outspoken half of magic duo Penn & Teller presents an atheistic reinterpretation of the Ten Commandments, discussing why doubt, skepticism, and wonder should be celebrated and offering humorous stories from his own experiences.

The idea of "The Green Book" is to give the Motorist and Tourist a Guide not only of the Hotels and Tourist Homes in all of the large cities, but other classifications that will be found useful wherever he may be. Also facts and information that the Negro Motorist can use and depend upon. There are thousands of places that the public doesn't know about and aren't listed. Perhaps you know of some? If so send in their names and addresses and the kind of business, so that we might pass it along to the rest of your fellow Motorists. You will find it handy on your travels, whether at home or in some other state, and is up to date. Each year we are compiling new lists as some of these places move, or go out of business and new business places are started giving added employment to members of our race.

Presto is a very talented magician. And his friend Monty is a very confident performer.

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So when they start a magic show at the carnival, things look good for the dazzling duo. But as their success grows, so does Monty's head. Soon, he's the one who's always in the spotlight, and he's becoming bossier and more demanding: "Hey, Presto! Get my hat!" "Presto! These bunnies don't work." "I need chocolate ice cream with extra sprinkles—and I need it NOW!" When Presto gets fed up and decides to leave, what will happen to the show? And more importantly, to their friendship? Hey, Presto! is a delight: adorable characters, a fresh, appealing art style, spot-on humor, and a touch of magic on each spread.

A sock monkey narrates the story of a NYPD diver who finds the body of a dead woman (and former lover) in the waters off New York City and joins forces with the victim's best friend, a gay hairdresser, to find her killer. Original. 35,000 first printing. Presents a collection of tricks to play at the dinner table--from bending spoons and creating terrorist fortune cookies to making blood pour out of a jello mold

From one of America's most popular short story writers and an Academy Award nominee: the O. Henry Award-winning tale that inspired the movie *The Hunt*. A subject of mysterious rumors and superstition, the deserted Caribbean Island was shrouded in an air of peril. To Sanger Rainsford, who fell off a yacht and washed up on its shores, the abandoned isle was a welcome paradise. But unknown to the big-game hunter, a predator lurked in its lush jungles—one more dangerous than any he had ever encountered: a human. First published in 1924, this suspenseful tale "has inspired serial killers, films and stirred controversy in schools. A century on, the story continues to thrill" (*The Telegraph*). "[A] tense, relentless story of man-against-man adventure, in which the hunter Sanger Rainsford learns, at the hands of General Zaroff, what it means to be hunted." —*Criterion*

Mitch Albom creates his most unforgettable fictional character—Frankie Presto, the greatest guitarist to ever walk the earth—in this magical novel about the bands we join in life and the power of talent to change our lives. In his most stunning novel yet, the voice of Music narrates the tale of its most beloved disciple, young Frankie Presto, a war orphan raised by a blind music teacher in a small Spanish town. At nine years old, Frankie is sent to America in the bottom of a boat. His only possession is an old guitar and six precious strings. But Frankie's talent is touched by the gods, and his amazing journey weaves him through the musical landscape of the 20th century, from classical to jazz to rock and roll, with his stunning talent affecting numerous stars along the way, including Hank Williams, Elvis Presley, Carole King, Wynton Marsalis and even KISS. Frankie becomes a pop star himself. He makes records. He is adored. But his gift is also his burden, as he realizes, through his music, he can actually affect people's futures—with one string turning blue whenever a life is altered. At the height of his popularity, Frankie Presto vanishes. His legend grows. Only decades later, does he reappear—just before his spectacular death—to change one last life. With its *Forest Gump*-like romp through the music world, *The Magic Strings of Frankie Presto* is a classic in the making. A lifelong musician himself, Mitch Albom delivers a remarkable novel, infused with the message that "everyone joins a band in this life" and those connections change us all.

From the New York Times bestselling author of *Bird Box* and *Malorie* comes a chilling story that revolves around a mysterious small town, revealing its sinister secrets one by one. "Must-read horror."—*Publishers Weekly* (starred review) *Goblin* seems like any

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other ordinary small town. But with the master storyteller Josh Malerman as your tour guide, you'll discover the secrets that hide behind its closed doors. These six novellas tell the story of a place where the rain is always falling, nighttime is always near, and your darkest fears and desires await. Welcome to Goblin. . . . A Man in Slices: A man proves his "legendary love" to his girlfriend with a sacrifice even more daring than Vincent van Gogh's—and sends her more than his heart. Kamp: Walter Kamp is afraid of everything, but most afraid of being scared to death. As he sets traps around his home to catch the ghosts that haunt him, he learns that nothing is more terrifying than fear itself. Happy Birthday, Hunter!: A famed big-game hunter is determined to capture—and kill—the ultimate prey: the mythic Great Owl who lives in Goblin's dark forests. But this mysterious creature is not the only secret the woods are keeping. Presto: All Peter wants is to be like his hero, Roman Emperor, the greatest magician in the world. When the famous magician comes to Goblin, Peter discovers that not all magic is just an illusion. A Mix-Up at the Zoo: The new zookeeper feels a mysterious kinship with the animals in his care . . . and finds that his work is freeing dark forces inside him. The Hedges: When his wife dies, a man builds a hedge maze so elaborate no one ever solves it—until a little girl resolves to be the first to find the mysteries that wait at its heart.

An upcoming book to be published by Penguin Random House.

Over 3 million copies sold. Over 800 positive reviews. Adapted from the New York Times bestseller *The 7 Habits of Highly Effective People*, *The 7 Habits of Highly Effective Teens* is the ultimate teenage success guide—now updated for the digital age. Imagine you had a roadmap—a step-by-step guide to help you get from where you are now, to where you want to be in the future. Your goals, your dreams, your plans...they're all within reach. You just need the tools to help you get there. That's what Sean Covey's landmark book, *The 7 Habits of Highly Effective Teens*, has been to millions of teens: a handbook to self-esteem and success. Now updated for the digital age, this classic book applies the timeless principles of 7 Habits to the tough issues and life-changing decisions teens face. Covey provides a simple approach to help teens improve self-image, build friendships, resist peer pressure, achieve their goals, and appreciate their parents, as well as tackle the new challenges of our time, like cyberbullying and social media. In addition, this book is stuffed with cartoons, clever ideas, great quotes, and incredible stories about real teens from all over the world. Endorsed by high-achievers such as former 49ers quarterback Steve Young and 28-time Olympic medalist Michael Phelps, *The 7 Habits of Highly Effective Teens* has become the last word on surviving and thriving as a teen.

Increase your lifespan and optimize your health with plant-based recipes for a longer, more vibrant life. Authors and leading plant-based nutrition experts Julieanna Hever and Ray Cronise have spent over a decade researching diet and nutrition, analyzing longevity studies, and helping their clients achieve sustainable, lasting health benefits by adopting a whole food, plant-based diet. In *The Healthspan Solution*, they share the simple and effective diet that has allowed their clients to lose weight, reverse disease, reduce or eliminate medication use, and achieve optimal health. This accessible and easy-to-follow guide examines the health risks posed by typical Western eating habits and explains how a diet rich in vegetables, fruits, whole grains, legumes, mushrooms, nuts, seeds, herbs and spices can lead to lower blood pressure, healthy weight

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management, and longer life. Their flexible, customizable approach to eating challenges the conventional idea of breakfast, lunch, and dinner and focuses instead on soups, salads, sides, and sweets. With 100 delicious recipes to choose from, The Healthspan Solution make adopting a plant-based lifestyle simple and sustainable. Evidence-based research on the scientific underpinnings of the healthspan diet Easy-to-follow guidelines simplify food choices without being restrictive Beautifully photographed recipes offer options and flexibility Praise for The Healthspan Solution: "Ray and Julieanna didn't write a fad diet book. It's about making a permanent lifestyle transformation. The magic is I still can eat anything I want. The trick is what I want has profoundly changed. They did the trick for me and saved my life-now let them help you."-Penn Jillette, Las Vegas entertainer and magician "Ray is a scientific visionary and Julieanna is a master of nutrition. Together they've written a fact-based recipe book for longevity that belongs in every kitchen. Buy it."-David Sinclair, PhD, AO, Professor of Genetics, Harvard Medical School "Working with Julieanna and Ray has given me a profoundly new understanding of how food impacts health and how what we eat is often dictated by social influences. I'm excited to be a part of their effort to push to this message out to a far bigger audience."-Cyan Banister, angel investor and entrepreneur "Julieanna and Ray are an incredible team. While others have sought to demonstrate the adequacy of an exclusively plant-sourced diet, they teach how it can be superior and mimics longevity research."-Rich Roll, plant-powered ultra athlete and author What makes "Home Canning Meat, Poultry, Fish and Vegetables" unique is that it simplifies the procedures that are used by the canning industry to process low-acid foods (meat, fish, vegetables). This knowledge enables readers to safely can their products at home. There is a thorough discussion of metal cans, can sealers and their operation, double seam defects, and more, all supported with many images and diagrams. Pressure canners and canning in glass jars is covered in detail. In addition, there is a large collection of recipes, both for glass jars and metal cans. This work is based on the U.S. government requirements as specified in the Code of Federal Regulations, with all relevant links listed. Home canned products do not fall under the jurisdiction of government agencies so the rules are not enforced. Therefore, home canned products account for the majority of food poisoning cases. The commercial production of low-acid foods (meat, fish, vegetables) is highly regulated by the Food and Drug Administration (FDA) and the United States Department of Agriculture (USDA), and rightly so, since people get sick and die from eating tainted food. After studying this book, a newcomer to the art of canning will be able to safely process foods at home in both glass and metal containers.

Popular Science gives our readers the information and tools to improve their technology and their world. The core belief that Popular Science and our readers share: The future is going to be better, and science and technology are the driving forces that will help make it better.

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