

Old Souls The Sages And Mystics Of Our World

This is a book of inspirational stories of Swami Rama's experiences and lessons learned with the great teachers who guided his life including Mahatma Gandhi, Tagore and more. "Buy this book for yourself. Each page is filled with joy and cheer. What I like best is that Swami Rama's message does not require us to transform ourselves, it teaches that we are already perfect." -- Judith Benn Hurley, author of *The Good Herb, Savouring the Day and Healing Secrets of the Seasons* "One of the great spiritual classics of all time. An insider's view of hidden adepts who live outside time and space as we know it, yogis and yoginis who can't possibly exist- but do!" -- Linda Johnsen, author of *The Living Goddess: Reclaiming the Tradition of the Mother of the Universe*

From the Pulitzer Prize winning journalist: a revelatory portrait of religion in China today its history, the spiritual traditions of its Eastern and Western faiths, and the ways in which it is influencing China's future. Following a century of violent antireligious campaigns, China is now awash with new temples, churches, and mosques as well as cults, sects, and politicians trying to harness religion for their own ends. Driving this explosion of faith is uncertainty over what it means to be Chinese, and how to live an ethical life in a country that discarded traditional morality a century ago and is still searching for new guideposts. Ian Johnson lived for extended periods with underground church members, rural Daoists, and Buddhist pilgrims. He has distilled these experiences into a cycle of festivals, births, deaths, detentions, and struggle - a great awakening of faith that is shaping the soul of the world's newest superpower. (With black-and-white illustrations throughout).

The star light within your heart will lead you to sacred fulfilment for the spiritual benefit of all. This book is for star seeds, old souls, lightworkers, visionaries, healers and hearts who hold a curiosity for the stars. This unique and powerful approach to crystal healing connects you with loving stellar beings and the precious stones that embody and enhance their transformational energy. Alana grounds the teachings with relevant and practical examples and the healing processes help you harness the therapeutic potential of each stone and form a bond with the stars so you can receive their wisdom and blessings. Aligned with the 11.11 frequency, your celestial guides will help you shift personal paradigms and make rapid spiritual progress. Discover the healing and belonging that only comes from experiencing unity with the stars and the earth. Connect with Sirius, Andromeda, Alcyone in the Pleiades, Vega, Arcturus and others as you delve into treasured spiritual lessons on authenticity, soul passion, dark initiations, the cosmic priestess, supreme spiritual protection and more. Beloved, you have illuminating sacred work to accomplish for yourself and the planet. Prepare yourself for the next stage of your journey with teachings and tools to help you shine like the star being you truly are. Comprehensive and easy to reference with 18 full-colour crystal mandalas by soul artist Jane Marin.

A poet's memoir of taking an unplanned trip to the Bahamas and meeting a fishing guide who changed his life: "A splendid book."—Jim Harrison in *The New York Times Book Review* Chris Dombrowski, a poet and passionate fly-fisher, had a second child on the way and an income hovering perilously close to zero when he received a miraculous email: can't go, it's all paid for, just book a flight to Miami. Thus began a journey that would eventually lead to the Bahamas and to David Pinder, a legendary bonefishing guide. Bonefish are prized for their elusiveness and their tenacity. And no one was better at hunting them than Pinder, a Bahamian whose accuracy and patience were virtuosic. He knows what the fish think, said one fisherman, before they think it. By the time Dombrowski meets him, though, Pinder has been abandoned by the industry he helped build. With cataracts from a lifetime of staring at the water and a tiny severance package after forty years of service, he watches as the world of his beloved bonefish is degraded by tourists he himself did so much to attract. But as Pinder's

stories unfold, Dombrowski discovers a profound integrity and wisdom in the bonefishing guide's life. "A poet and Montana-based fly-fishing guide recounts his trip to the Bahamas, where he met an aging guide who taught him about fish and life...loosely links reflections on his experiences catching and releasing bonefish, the history and geography of the Bahamas, the construction of fishing rods, stories he has told his children, and the difference between fishing or hunting for sport and for dinner."—Kirkus Reviews "Thematically complex, finely wrought, and profoundly life-affirming."—Publishers Weekly (starred review)

Provides an alternative view of human consciousness--a theory of mind and being independent of matter, time and space.

There is one thing we can be sure of: we are all going to die. But once we accept that fact, the questions begin. In this thought-provoking book, philosophy professor Shelly Kagan examines the myriad questions that arise when we confront the meaning of mortality. Do we have reason to believe in the existence of immortal souls? Should we accept an account according to which people are just material objects, nothing more? Can we make sense of the idea of surviving the death of one's body? If I won't exist after I die, can death truly be bad for me? Would immortality be desirable? Is fear of death appropriate? Is suicide ever justified? How should I live in the face of death? Written in an informal and conversational style, this stimulating and provocative book challenges many widely held views about death, as it invites the reader to take a fresh look at one of the central features of the human condition—the fact that we will die. This book made its way to you because deep, hidden memories may be bubbling up from within, synchronicities that bring with them a mysterious sense of knowing. You may have an unmistakable sense that a major transformation is happening to the planet. Something is changing within you. This book will help you flesh out the latent memories that have been sleeping in your soul; the hidden wisdom that you possess within. The Soul Map will help you awaken. It will teach you the things you need to know during this very special time for humanity. The entire reason you are here is to remember that you have unlimited power within the creation, and that you are always wholly and exquisitely loved. Subjects and chapters: The Chakra Map, The Seven Levels of Soul Evolution, The Way Your Soul Learns Shifting from one Density to the Next, The Birth of Your Soul, First Level of Soul Evolution, Second Level of Soul Evolution, Third Level of Soul Evolution, Fourth Level of Soul Evolution, Fifth Level of Soul Evolution, Sixth Level of Soul Evolution, Seventh Level of Soul Evolution, Volunteer Souls, If You Want to Shift, You have to Heal, Blocks to Shifting, Are You Ready to Awaken? Surrender, More Practices, The Great Shift

Have you ever sensed that your life has a deeper, more meaningful purpose, but you don't know what it is? If so, you're not alone. To help you and the millions like you, psychic Ainslie MacLeod's spirit guides have given him a systematic approach to uncovering who you really are—and the life your soul has planned for. They call it The Instruction. Now, for the first time, this unique teaching is offered as a step-by-step program for realizing personal fulfillment. The Instruction will take you through 10 doorways to unveil the life plan your soul created before you were even born, including: Your Soul Age—Determining how it shapes your beliefs and behaviors Your Soul Type—Are you a Hunter? Thinker? Creator? What your Soul Type reveals about your true self Your Powers—Connecting fully and permanently with your spirit guides to create your destiny Your Talents—Using your past lives to enhance the present By taking you on a journey beyond this plane, Ainslie MacLeod uses a groundbreaking system to help you unlock the secrets of your soul's purpose, and illuminate the path of your life with The Instruction.

Empaths are Clairsentients/Sensitives, absorbing energy and emotions of others until having the tools to do otherwise. Using specific tools, the negativity of others becomes peripheral like background noise. It's a game changer! You can jumpstart your empath journey in awakening, with such things in this book as: Empath Toolbox (create calm

within and gateway to receiving valuable information), raising your energetic frequency vibration (stopping outside negativity from residing in you), boundaries to set you free, recognizing your empath gifts, exploring the soul path (life purpose, soul healing, reincarnation, intention, and manifestation), how to connect with divinity and spirit guides, new ways to bring more love into your life (including dealing with the empath-narcissist magnet), forgiveness (it's importance, how to do it), communication skills for empaths, unlocking your intuition, and much more. The follow-up sections to the chapters are packed with exercises, affirmations, and resources to further your awareness and growth. This book was written per the many requests from Corri Milner's individual clients, those in her Empath Group Programs, and those in her Facebook group, Empaths On Their Soul Path. It encompasses a 25 year culmination of methods that transition empath challenges to a life of peace, love, joy, and productivity. She shares what has worked for the empaths she has coached and offers realistic, grounded processes that inspire and amaze all those that use them. Empaths are beacons of light; all are drawn to light that resonates forth. Being born empaths, we are laying a new foundation for humanity.

Alberto Villoldo, a classically trained medical anthropologist, has studied shamanic healing techniques among the descendants of the ancient Inkas for more than twenty years. In *Shaman, Healer, Sage*, he draws on his vast body of knowledge to create a practical and revolutionary program based on the traditional healing methods used by these shamans -- methods that, until now, have been inaccessible to most of the world. Villoldo explains that central to shamanic healing is the concept of the Luminous Energy Field that is believed to surround our material bodies. His book teaches us to see and influence the imprints that disease leaves on this field and thereby to heal ourselves and others, as well as prevent illness. Villoldo weaves wonderful teaching stories throughout about the healing power of the energy medicine of the Americas. In one story, Villoldo comes down with pneumonia while in Peru. When antibiotics fail to control the infection, his mentor, the shaman Don Antonio, uses the process of Illumination to remove the toxins that had invaded Villoldo's body. These same shamanic techniques later allowed Villoldo to remove stagnant energy from a young woman whose marriage was suffering due to her past experience with abandonment. With the aid of shamanic work, the woman regained her trust in others, and her marriage was revitalized. This book is rich with ancient wisdom and contemporary techniques we can use to help ourselves and others, as well as with the more advanced methods of master shamans, which are being brought to a wide audience for the first time.

This is the first translation with commentary of selections from *The Zohar*, the major text of the Kabbalah, the Jewish mystical tradition. This work was written in 13th-century Spain by Moses de Leon, a Spanish scholar.

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WITH A BRAND NEW LOOK! ON FEBRUARY 22, 1980, KHORSHED AND RUMI BHAVNAGRI'S WORLD WAS SHATTERED. ONE MONTH LATER, A NEW ONE OPENED. Khorshed and Rumi Bhavnagri lost their sons, Vispi and Ratoos, in a tragic car crash. With both their sons gone, the couple felt they would not survive for long. They had lost all faith in God until a miraculous message from the Spirit World gave them hope and sent them on an incredible journey.

Twenty-five years ago, Chelsea Quinn Yarbro and her friends began sharing messages from a group entity that called themselves "Michael." Michael's words were offered without alteration or interpretation for seekers, students, and skeptics alike. Pragmatic, insightful, and often witty, Michael insisted their work was simply to help questioners become more aware and better able to make their own decisions in life. Through this initial volume, *Messages From Michael*, and three more that followed, Michael spoke to thousands who found new understandings of themselves. Unfortunately imitators and frauds have since exploited the Michael teachings-but even they admit that *Messages From Michael* was the first source of the teachings. Here, expanded for the twenty-first century, is the long-awaited new edition of this ground-breaking book.

Have you always felt older than what your age reflects? Are you solitary, thoughtful and intuitive? Do you feel like an outsider constantly looking into a society that doesn't feel like your home? If so, you may be an Old Soul. In this landmark book, transformational mentor and holistic writer Aletheia Luna provides a compact, elegant and well-researched look into the life of Old Souls. Topics in the book include the Old Soul's perception towards love, sex, death, childhood, meaning, religion, truth, and much more.

In this leading-edge work, spiritual teacher Alyssa Malehorn illuminates the framework behind healing, growth and enlightenment on a soul level, with inspired guidance to liberate you from the past and allow you to discover who you really are. Includes step-by-step guidance, affirmations, mantras, mudras and guided meditation audios for readers."

Harmonious Petals By: Rose A. Chylek *Harmonious Petals* is about souls, their entry into the physical world, their process of learning, acquiring wisdom, understanding, self-realization, and final unification with Universal Love through collective physical existence. It is interesting for the true spiritual seekers on the path of the eternal journey. It is relevant to all those who decide to take the spiritual path. This is how all sages and ardent seekers practiced while in their physical existence. There is no easy way. Read *Harmonious Petals* to find your own spiritual enlightenment.

What Michael fans have been waiting for, a reference book to the Michael system that's fun and easy reading. Michael, a channeled being, describes how people behave through soul ages, essence roles, and personality overleaves.

(Channeling)

Aphoristic work on the meditational fundamentals of the Yoga school of Indic philosophy.

A New York Times bestseller! From the celebrated author of *Nickel and Dimed*, Barbara Ehrenreich explores how we are killing ourselves to live longer, not better. A razor-sharp polemic which offers an entirely new understanding of our bodies, ourselves, and our place in the universe, *NATURAL CAUSES* describes how we over-prepare and worry way too much about what is inevitable. One by one, Ehrenreich topples the shibboleths that guide our attempts to live a long, healthy life -- from the importance of preventive medical screenings to the concepts of wellness and mindfulness, from dietary fads to fitness culture. But

NATURAL CAUSES goes deeper -- into the fundamental unreliability of our bodies and even our "mind-bodies," to use the fashionable term. Starting with the mysterious and seldom-acknowledged tendency of our own immune cells to promote deadly cancers, Ehrenreich looks into the cellular basis of aging, and shows how little control we actually have over it. We tend to believe we have agency over our bodies, our minds, and even over the manner of our deaths. But the latest science shows that the microscopic subunits of our bodies make their own "decisions," and not always in our favor. We may buy expensive anti-aging products or cosmetic surgery, get preventive screenings and eat more kale, or throw ourselves into meditation and spirituality. But all these things offer only the illusion of control. How to live well, even joyously, while accepting our mortality -- that is the vitally important philosophical challenge of this book. Drawing on varied sources, from personal experience and sociological trends to pop culture and current scientific literature, NATURAL CAUSES examines the ways in which we obsess over death, our bodies, and our health. Both funny and caustic, Ehrenreich then tackles the seemingly unsolvable problem of how we might better prepare ourselves for the end -- while still reveling in the lives that remain to us.

Over two decades ago, beloved and respected rabbi Zalman Schachter-Shalomi felt an uneasiness. He was growing older, and fears about death and infirmity were haunting him. So he decided to embark on mission to get to the bottom of his fears. Through a series of events that included a vision quest in a secluded cabin and studying with Sufi masters, Buddhist teachers and Native-American shamans, Reb Zalman found a way to turn aging into the most meaningful and joyous time in his life. In this inspiring and informative guide, Reb Zalman shares his wisdom and experience with readers. He shows readers how to create an aging process for themselves that is full of adventure, passion, mystery, and fulfillment, rather than anxiety. Using scientific research--both neurological and psychological-- Reb Zalman offers techniques that will expand horizons beyond the narrow view of "the present" into a grand and enduring eternity. By harnessing the power of the spirit, as well as explaining exactly how to become a sage in their own community, he gives readers a helpful and moving way to use their own experiences to nurture, heal, and perhaps even save a younger generation from the prison of how we typically regard aging. In this updated version of his popular book, Reb Zalman has added a brand new introductory chapter that provides insight into the shifts that have taken place in our culture since the first edition of this book came out in the 1990s. He speaks about the role the 78 million (now aging) Baby Boomers are currently playing in how we think about aging. Additionally he provides new inspiring ideas about the importance of an elder's role in shaping society, and explains how elders can embrace the power they have to provide value and wisdom to those around them.

Even at birth, everyone is unique. Can heredity alone account for the complex

differences in people's temperaments and styles? The Michael teachings, an extraordinary body of channeled work, propose that we are each unique souls who deliberately take on a specific combination of traits to give us the experiences we seek. In this fascinating book, Shepherd Hoodwin expertly discusses these teachings from his vantage point as a Michael channel. "Michael" is a group of souls who teach that we are eternal beings journeying from the Tao and back again in an adventure of exploration and creativity. Each step along the way, we make choices that shape our experience. For example, after committing to a series of lifetimes, we choose one of seven roles, or soul types: server, priest, artisan, sage, warrior, king, or scholar. These teachings address many age-old questions, such as "How did we become who we are?" "Why are we here?" "Where are we going?" and "How does the universe work?" In addition, *Journey of Your Soul* sheds light on the channeling process itself, answering questions such as "How does channeling work?" "Why do different channels receive conflicting information?" and "What does it take to become a channel?" Hoodwin shows us that it is possible, and indeed beneficial, to engage all parts of the human consciousness. His unique analytical approach to channeling will help readers gain a firm intellectual understanding of what is involved. In his foreword, Jon Klimo, PhD, author of *Channeling: Investigations on Receiving Information from Paranormal Sources*, says, "Shepherd Hoodwin has given us one of the best books to date about the phenomenon of channeling. *Journey of Your Soul* may well also be the best of the Michael books due to its clarity, thoroughness, and detail, and thanks to the fact that the author, an exceptionally clearheaded Michael channel himself, brings real integrity and authenticity to our understanding of Michael in particular and to the channeling process in general."

From tales of Adam, Moses, and other biblical figures, to the fall of Lucifer and the quarrel of the sun and moon, an anthology of Jewish myth presents seven hundred key stories and through extensive commentary places them in context with the literature of the world.

This book on UG Krishnamurthi brings a breath of fresh air in an atmosphere infested with self-proclaimed godmen, gurus, and pseudo-religious seekers. If you like to tread a path of adventure, risking your pet beliefs, assumed certainties, and habitual hypocrisies, you will love this unique work by a simple and ordinary housewife. Her spontaneous encounters with the enigmatic sage are full of wit and humor. Within these pages, UG Krishnamurthi emerges not as a guru or a godman dishing out homilies and commandments, but a person in flesh and blood. The fragrance of his simplicity and openness is spread throughout the book.

Acclaimed spiritual teacher, author, and past-life psychic Ainslie MacLeod offers a practical guide to tap into your wealth of past-life experiences to help boost your success in this lifetime. *Why Do We Act Like There Is An Age Restriction on Spiritual Growth?* For the last several decades, Western churches have focused the bulk of their resources on the early stages of

discipleship—children’s Sunday school, youth group, college ministry. While these are all important, we have neglected the spiritual growth of those in the second half of life. In fact, an outside observer might think that after the growth of the college years, the goal is simply to coast through the rest of your Christian life. Michelle Van Loon has a different idea. In *Becoming Sage*, she challenges those in midlife and beyond to continue pursuing radical spiritual growth, and she’ll help you get started. She explores what the unique challenges of midlife can teach us about Jesus and how to think about everything from church, friends, and family, to money, bodies, and meaning. Don’t settle for a life of coasting. Revitalize your spiritual growth today.

In the kingdom of Allay, Sages are born. Powerful warriors with supernatural abilities that would rival the strength of whole armies. And there is an academy that trains such warriors, forging them out of young, ordinary students. Few survive, but if there is any hope for this now desolate kingdom, the tests must be given to all that enter its walls. One such student is James, a self-proclaimed slacker that has just been forced into the academy by his father. And if he plans to see another day, he will have to weather through four lessons in life:

determination, maturity, trust, and love... Praise for *The Sage Saga*: "A warning, it is a trap. Once you start you can't put it down. I had to read it start to finish an immediately get the rest of the series." - Amazon Reviewer "It was a great read from start to finish. It was so captivating that I had trouble putting the book down." - Book Reviewer "I couldn't put it down. Lots of adventure and heartbreak. I loved the depth that the author takes you too in falling in love with the main characters." - Amazon Reviewer on *The Dark Kingdom* (Book 2 of the Sage Saga) "A fantastic read hard to pick which way it was going some times so sorry the trilogy had to end." - Book Reviewer on *Hail to the Queen* (Book 3 of the Sage Saga)

In dialogen met bezoekers deelt de Indiase wijze (1897-1981) zijn inzichten over het wezenlijke 'ik' van de mens en de weg naar zelfrealisatie mee.

What is real, lasting happiness? How does one achieve it? And why are so many people holding themselves back? At the heart of this profound, simple, beautiful book is the wisdom of Mildred Newman and Bernard Berkowitz, married psychoanalysts who encourage readers to both love themselves and to confront life's hardest truths. A classic for more than three decades, *How to Be Your Own Best Friend* has already changed millions of lives. Now, open up your mind, and let it change yours. Praise for *How to Be Your Own Best Friend* "I want to tell you that it's magic, but the whole point of the book is that there is no magic. So instead let me simply say that I can't live without it."--Nora Ephron "A wonderful prescription for the blahs . . . an antidote to weariness, discouragement or loneliness."--Los Angeles Times "What the Berkowitzes unearthed . . . is a too-often-forgotten form of human intercourse called getting to know me."--Chicago Tribune "A kind of psychiatric pep talk . . . directed at people who [are] learning how to operate themselves."--The New York Times "Seductively jargon-free, presented in neat question-and-answer format."--Houston Chronicle

A little more than two thousand years ago, the Roman poet Virgil wrote his *Georgics*, a long poetic sequence about agriculture, suffused with profound reflections on the relationship between humanity, nature, and the divine—and reflecting the political turmoil of his times. California poet Karen An-hwei Lee, inspired by Virgil, has created her own dense, richly-layered collection of “Neo-Georgics,” constituting an extended exploration of such motifs as happiness, olive groves, vineyards, soil chemistries, the seacoast, and the birth of trees. In Lee’s contemporary rendering we confront an environment blighted by our carbon footprint; advancements in agricultural technology and genetic engineering; the digital age; fossil fuel transportation; and vanishing bees. *Rose Is a Verb* explores the ancient tradition of agrarian labor, including tilling the soil and interpreting weather signs and war omens. The poems flash with verbal ingenuity and mind-bending allusions—challenging the heart and mind but repaying slow, careful readings many times over. A meditation on the natural environment, this

collection serves as a biomythography of procreation and a reflection on the meaning of happiness.

This collection gives the reader a taste of the thousands of stories one can find in the treasure house of rabbinic literature. Some of these stories are humorous, some mysterious, some tense with drama or adventure, some filled with the joy of a miracle and the beauty of faith. All of these stories come from either the Talmud or the Midrash. This collection shows that these rabbinical stories are not old and outdated, but alive and timeless, for future generations to continue to enjoy.

From a childhood of gothic proportions in a vicarage on the Welsh borders, through adolescence, leaving herself teetering on the brink of the 1960's, Lorna Sage vividly and wittily brings to life a vanished time and place and illuminates the lives of three generations of women.

If you love the danger and sword-fighting of MERLIN, you'll like this! In a discontent kingdom, civil war is brewing. To unify the divided people, Conner, a nobleman of the court, devises a cunning plan to find an impersonator of the king's long-lost son and install him as a puppet prince. Four orphans are recruited to compete for the role, including a defiant boy named Sage. Sage knows that Conner's motives are more than questionable, yet his life balances on a sword's point - he must be chosen to play the prince or he will certainly be killed. As Sage's journey continues, layer upon layer of treachery and deceit unfold, until finally a truth is revealed that proves more dangerous than all of the lies put together.

In his bestselling book *Emergence*, Derek Rydall helps you throw aside the self-help books and recognize one simple, radical truth: the answer is already in you. The harder we try to change, the deeper in the hole we get. We find a new partner but have the same old fights. We strive for an ever-bigger paycheck but end up broke at a higher income bracket. This is what happens when the basic principle of life—the Law of Emergence—is disrupted, stopping you from knowing that you are the perfect you. Like an acorn is a perfect acorn that becomes a perfect oak tree, there is not a part of you from beginning to end that isn't exactly what you should be. The Law of Emergence provides the foundation to re-engage with this ancient principle. In this seven-stage framework, spiritual life coach Derek Rydall shows that we aren't lacking anything; everything we need to fulfill our full potential is already inside us. Backed by an ancient truth that has largely been lost, Rydall changes the conversation around how to achieve your potential by showing you how to activate the genius already in you and empower your purpose in life. If you are struggling to improve something about yourself—your health, your mindset, your relationships, then *Emergence* is the book and Derek is the teacher you have been waiting for.

With stories from south central LA to the jungles of Peru, *A Fierce Heart* offers deep and honest reflections on compassion and suffering by one of the country's most powerful mindfulness teachers. Spring Washam is a founder of the East Bay Meditation Center, the most diverse and accessible meditation center in the United States. In *A Fierce Heart*, she shares her contemporary, unique interpretation of the Buddha's 2,500-year-old teachings that get to the heart of mindfulness, wisdom, and compassion. Woven throughout the book are stories from her life, family, and community, along with soulful and unexpected stories of compassion in action from all over the world. The life-saving teachings of this charismatic teacher are universal; her honesty, enthusiasm, and energy are a balm.

“A fiercely imagined tale of love and loss, a story that manages to transform tragedy into comic redemption, sorrow into heroic survival.” —New York Times “[A] beguiling family saga....A captivating jigsaw puzzle of longing and loss whose pieces form an unforgettable image of contemporary Native American life.” —People A New York Times bestselling author, a Pulitzer Prize finalist, and winner of the National Book Critics Circle Award, Louise Erdrich is an acclaimed chronicler of life and love, mystery and magic within the Native American

community. A hauntingly beautiful story of a mysterious woman who enters the lives of two families and changes them forever, Erdrich's classic novel, *The Antelope Wife*, has enthralled readers for more than a decade with its powerful themes of fate and ancestry, tragedy and salvation. Now the acclaimed author of *Shadow Tag* and *The Plague of Doves* has radically revised this already masterful work, adding a new richness to the characters and story while bringing its major themes into sharper focus, as it ingeniously illuminates the effect of history on families and cultures, Ojibwe and white.

Independent single woman Rachel is shunned by the Mennonite community she grew up in when she becomes pregnant, and dark secrets threaten to rise when her bishop brother-in-law coerces her to leave.

With his mother working long hours and in pain from a romantic break-up, eighteen-year-old Logan feels alone and unloved until a zany new student arrives at his small-town Missouri high school, keeping a big secret.

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