

Big Hair Dont Care

If you have natural hair, transitioning to natural hair, or interested in natural hair topics, this book is a must read. This book provides an overview of federal and state employment discrimination laws in the United States. You will learn more about rights and obligations related to natural hair as an employee. You may gain added knowledge and awareness as an employer. You may be inspired through real-life stories. Hypotheticals, case studies, and practical tips help you navigate natural hair in the workplace.

One day I woke up and realized that I had been lost for quite some time. I had got comfortable with how life was treating me. I no longer cared about how I presented myself, stuck between life and death, you know Purgatory. The real me had left long ago and the figure that I saw before me was just a shell that protects me until I could be found again. I had everything a woman could ask for and more yet somehow and somehow I forgot about myself and ended up in the purgatory of living. When I had my epiphany, I discovered some things that I should have seen all along but was too busy allowing life to consume me that I didn't care to pay attention. You know, taking care of kids, husband, family, work, friends and oh yeah, then me if I'm not too tired.... Me! One day I found myself on the outside of the milk carton... Lost, hanging in the purgatory of living. It was the shock of my life yet not a shock for everyone else. Most often others can see what's going on in your life even when you cannot (or you think you do). Don't let that to happen to you or to allow it to continue. You can step out of the purgatory of living and into a new beginning. It could be easier than you think it is. For me... I have some changing to do and the changing can only be done by me for me. I cannot change you or the rest of the world but we can help each other with the process of changing for the better.... TOGETHER! And look who we shall find! (You and me too) Let's begin... how did I lose myself?

Long Hair Don't Care is a poem picture book written about boys and men with long hair. It is a fun, colorful, rhyming book with a diverse cast of boys and men of varying ages with long hair.

Everything went wrong. And then she went gray. At 47, newly divorced makeup artist Lela Bennett is dreading her next steps. Dating. Meeting people. Not letting herself go. But then she runs into Donovan James and tries something different—sleeping with her sexy crush from college. Unfortunately, in a post-orgasm stupor, Lela confesses she was in love with Donovan all those years ago. He responds by leaving while she sleeps. The next morning, her gray hairs are practically taunting her. She knows she has to get it together. Forget men. Embrace her age. Own her gray. Donovan James is a marketing genius, but his ex-wives will tell you—nothing freaks him out like feelings. Three years after his one-night stand with Lela, he's focused on his daughter's lifestyle company, but unprepared to meet the face of their new beauty brand. It's Lela. With stunning silver locks and new confidence, she's no longer swayed by his charms. When business starts booming, the universe seems intent on throwing them together time and again. And suddenly, two people convinced that romance was behind them are wondering if love could be what's next.

National Book Award Finalist! Instant New York Times Bestseller! The Absolutely True Diary of a Part-Time Indian meets Jane the Virgin in this poignant but often laugh-out-loud funny contemporary YA about losing a sister and finding yourself amid the pressures, expectations, and stereotypes of growing up in a Mexican American home. Perfect Mexican daughters do not go away to college. And they do not move out of their parents' house after high school graduation. Perfect Mexican daughters never abandon their family. But Julia is not your perfect Mexican daughter. That was Olga's role. Then a tragic accident on the busiest street in Chicago leaves Olga dead and Julia left behind to reassemble the shattered pieces of her family. And no one seems to acknowledge that Julia is broken, too. Instead, her mother seems to channel her grief into pointing out every possible way Julia has failed. But it's not long before Julia discovers that Olga might not have been as perfect as everyone thought. With the help of her best friend, Lorena, and her first love (first everything), Connor, Julia is determined to find out. Was Olga really what she seemed? Or was there more to her sister's story? And either way, how can Julia even attempt to live up to a seemingly impossible ideal?

Beth Chambers' life is no fairytale, even if she feels like a damsel in distress. After four years in a destructive relationship, Beth has decided enough is enough and leaves her girlfriend, taking with her only her dog Dudley, her broken spirit, and a shattered view of life. At her lowest point, she meets Amy Fletcher, a woman who has it all—and whom she believes would never want more than friendship. But what Beth fails to realize is that there are definitely two sides to every story. Could Amy Fletcher be Beth's Princess Charming? Could her story end with a happily ever after?

Kinky, curly, or wavy hair isn't "problem" hair—it's just hair with a different set of rules! For too long, hairstylists and hair-care companies have ignored the needs of women with kinky, curly, or wavy hair, focusing on it as "problem" hair rather than celebrating its unique texture. But now hair-care and style expert A. Dickey, considered by top magazine beauty editors to be the foremost authority on caring for, cutting, and styling curly hair, has written Hair Rules! to end the frustration faced by women with curly hair every day. Hair Rules! is chock-full of simple tips for all types of curly hair and covers everything from the best shampoos and conditioners to use, to damage-free hair-drying (dust off that hood dryer!), the use of natural oils, and the safest coloring, styling, and chemical relaxing techniques—as well as guidelines for maintaining healthy, gorgeous hair. "My mission," writes Dickey, "is simple: to advise and encourage all women with nonstraight hair to strive to attain their beauty, whatever their ethnicity, and whatever their tastes."

Jess has been in love with her best friend, Kate, for seven years, but her feelings have never been returned. One night they sleep together, and Jess finds out how much it is possible to be hurt by someone close. Jess and Kate struggle to redefine their friendship. They spend a week at Jess's family holiday house in a small seaside town, Awatangi, intending to make the time to talk things through, but the conversations never happen. Kate makes vague promises, but begins to have second thoughts. Jess wants Kate, and nothing else, and is heartbroken that isn't enough. Jess decides – while everything is changing in her life – that she doesn't want to go on living in the city, that she wants to return to Awatangi.

Part of her hopes some physical distance between them may help things with Kate, and part of her – frustrated and upset – simply wants to leave Kate behind. In Awatangi, Jess meets Keri, a local lawyer who has also recently returned home. Like Jess, Keri surfs, and like Jess, she seems to feel some attachment to her family roots in Awatangi. Jess is drawn to Keri, but forces herself not to let anything happen. Despite everything, Kate is still Jess's closest friend, and she has loved Kate all her life. She feels she has to give the situation with Kate as long as she can to work itself out. Awatangi is about coping with feelings for a close friend that are not returned, set in a small holiday township on the West Coast of the South Island of New Zealand. It is an exploration of getting what you've always wanted and it not being enough, of being in love with one person and wanting another, and of finding out that life doesn't always turn out as expected.

The One-Year Ultimate Natural Hair Journal is meant to help you take control of your hair routine and succeed in your hair journey. The journal is set up with blank months so you can start using it any month of any year. It comes with important basic information about naturally curly hair to help you get started on your hair journey, but it also has sections to help you set hair goals, record your favourite recipes, set up a hair regimen and more. The year calendar opens with a month preview where you set your big To-Do's or Goals for the month. The month calendar is then divided into weeks where you can be more detailed about weekly hair care practices and products used, how you used them, what were your results, favourite product combinations and more. Being able to be this consistent and detailed about your hair journey is what will determine your success. By doing this you will learn what is working, what can be changed or improved and you will be able to build your ultimate hair regimen - one that will actually work for you!

Life is created by a series of events. If you can find some way to pull 20 extra minutes out of your life, you'd better use them wisely. Where will you discover this time, and when you find this time, how will you use it? Just 20 minutes a day will convert into a powerful 121 hours a year. That is a huge piece of time that you can use to gain new capacities and expand. The advantage is seen when we make a day by day decision and submit those 20 minutes to something beneficial. You can awaken 20 minutes before, take 20 minutes from lunch, after work, or just before bed - the decision is totally up to you. Just do it! Remove all excuses and distractions. Imagine if you just use 20 minutes a day to create a spark for your business. That small spark can turn into a major flame! How do you create this spark for your business? It's through promotion. Promotion isn't something that ought to be done randomly, just when you think you have sufficient energy to do it. Honestly, as an entrepreneur who's always busy, you're never going to have room schedule-wise. Consequently, you need to make time for what's important. This implies doing something intentional each and every day. Before you think you don't have room schedule-wise to do that, reconsider. Showcasing doesn't need to be hours of your day. Instead, it's something you can do in as little time as 20 minutes a day.

The Science of Black Hair is the ultimate consumer textbook on black hair care. Technically oriented and detailed throughout, this book was written with the serious hair care consumer in mind. Hair science, research and testimony combine in this carefully written text designed to examine black hair on a deeper level. With its light academic style it is truly the last hair book you'll ever need. Readers will learn how to: * Maintain chemically-treated or natural hair in optimal health. * Stop hair breakage with a novel, protein/moisture balancing method. * Regulate product pH balance for shinier, more manageable hair. * Grow their hair longer, stronger and healthier for life! Additional Features * Regimen Builder with extensive product listings * Ingredients glossary * Interviews * Real photos of hair at the microscopic level Are you ready to stop battling your hair? Win the war against breakage. Forever. The Science of Black Hair: A Comprehensive Guide to Textured Hair Care combines research with testimony in an authoritative reference text dedicated to the care of black hair- relaxed or natural. This powerful book introduces readers to a comprehensive healthy hair care strategy for achieving beautifully radiant hair regardless of hair type. Black hair structure, properties, and maintenance methods are carefully outlined throughout this go-to reference book to give you the tools you need to improve the health and look of your hair, TODAY. The Science of Black Hair Chapter 1: Scalp and Hair Structure, Function, and Characteristics Chapter 2: Textured Hair Properties & Principles Chapter 3: Understanding Hair Growth and Damage for Healthier Hair Care Chapter 4: What's Your Hair Care Regimen? Chapter 5: Hair Product Selection Basics Chapter 6: Protein & Moisture Balancing Strategies for Breakage Correction and Defense Chapter 7: Getting Started with a Healthy Hair Care Product Regimen Chapter 8: Low-Manipulation Hair Maintenance Strategies Chapter 9: Coloring Textured Hair Chapter 10: Chemically Relaxing Textured Hair Chapter 11: Transitioning from Relaxed to Natural Hair Chapter 12: Regimen-Building Considerations for Kids Chapter 13: How Our Health Affects Our Hair Chapter 14: Working Out on a Healthy Hair-Care Regimen Chapter 15: Final Thoughts

Best Kept Secrets for Long and Beautiful Hair! The secrets to having long and healthy hair have been known for ages but there are still lots of girls and women that do all the wrong things to their hair and never understand why it damages instead of growing. In this book I have put all the important steps you have to follow in order to grow long hair as well as almost all the herbal remedies, treatments and centuries-old tips that can help you in the process. /p> The food you should eat, the precautions you should take and the different essential oils, vitamins, herbs, fruit and vegetables you can use to nourish your hair are all collected in a very comprehensive way to give you fast results with growing it to its optimal length! The hair masks that I recommend in my book are fantastic alternatives to commercial cosmetic products and have the very important advantage of being at the same time completely natural and with excellent results.

Lola has curly hair which is much bigger than that of other kids at her school, but she tells anyone who listens how much she loves her hair. Designed to boost self-esteem and build confidence, this book is aimed at boys and girls who may need a reminder that it's okay to look different from the other kids at their school.

This Rapunzel is ready to let her hair down. Luckily, the local bad boy is all too willing to help. Most people save their midlife crisis for middle age. Not me. I can't even hold out for a solid quarter life crisis. What can I say? I'm an overachiever like that. I'm also pissed. At what? I don't even know anymore. My parents, my body, my doctor...myself?

Take your pick. I don't do angry often but watching Roman-the-wannabe-rock-star ignore my best friend is the last straw. The guy has no idea how good he has it. He's hot, he's beloved, and oh yeah...he doesn't spend every waking second worried that he'll get sick again. The injustice of it all hits me at once and the result isn't pretty. Do I yell at Roman in front of his friends in the midst of a party? Yes. Yes, I do. I'm not proud of the temper tantrum, yet I don't regret it either. But when he tells me I'm right and asks for my help, I can't say no. Even if I didn't feel bad about the public setdown, it's becoming clear that I might need his help in return. Because as much as I hate how easy his life is, he definitely has one skill I don't. He knows how to have fun. And right now? That's all I want. My life needs a major makeover, and like it or not, Roman might just be the perfect guy to teach me how to let my hair down.

The Amazing Book of No was just announced as a Winner of the 2015 Readers Favorite Award for K-3rd grade readers. "The Amazing Book of No" is a deceptively simple story that will teach your 3-7 year old how to accept the word "no" when you say it, and why they shouldn't argue. The story is about two moms and their children. One mom says "no" all the time, while the other says "yes" to everything. It is cute and engaging all in one, and designed not to take up too much of a parents valuable time, with the idea being to try and imprint wholesome ideals while kids are young. Reading this just a few times to your boy or girl at bedtime will ensure you don't have any misunderstandings with your children about the word "NO" as they grow older. This really is: The Amazing Book of No!

"A rich, sensual, bewitching adventure of good vs. evil with love as the prize." ~Publisher's Weekly on ETERNITY 300 years ago, Raven St. James was hanged for witchcraft. But she revives among the dead to find herself alive. She is an Immortal High Witch, one of the light. A note from her mother warns that there are others, those of the Dark, who preserve their own lives by taking the hearts of those like her. Duncan Wallace's forbidden love for the secretive lass costs him his life. 300 years later, he loves her again, tormented by hazy memories of a past that can't be real. She tells him of another lifetime, claims to be immortal. Though he knows she's deluded, he can't stay away. And the Dark Witch after her heart is far closer than either of them know. If you liked the TV Series HIGHLANDER, you will LOVE this series. Don't miss Book 2, INFINITY. "A hauntingly beautiful story of a love that endures through time itself." ~New York Times Bestselling Author, Kay Hooper "This captivating story of a love that reaches across the centuries, becomes as immortal as the lover's themselves, resonates with timeless passion, powerful magic, and haunting heartbreak." ~BN.com's official review

In this e-book edition, Tomie dePaola retells his classic story against a charming musical score. Strega Nona—"Grandma Witch"—is the source for potions, cures, magic, and comfort in her Calabrian town. Her magical ever-full pasta pot is especially intriguing to hungry Big Anthony. Big Anthony is supposed to look after her house and tend her garden, but one day, when she goes over the mountain to visit Strega Amelia, he recites the magic verse over the pasta pot, with disastrous results.

This is a adventure story that base on the Caribs of the caribbean, battling to preserve their race and great a new race to survive in the future

Tired of the lack of diversity in children's coloring books? Meet Cody & Jay, two adventurous boys who just love to have fun! Follow them throughout over 40 fun-filled coloring and activity pages that inspire creativity, promote self-confidence, and celebrate diversity. Activity pages include fill-in-the-blank exercises (for example, "You can do amazing things if you try"), thought-provoking questions ("If you could fly anywhere in the world, where would you go?"), and fun pictures to complete ("Add a design to Jay's race car!"). A wonderful gift for kids of all races, this book is engaging and is loads of fun! Like this? Check out the version for girls: "The Colorful Adventures of Zoe & Star!"

Hairnigans. Friendship. Big Dreams. The previously scheduled life Maya Hatton planned has been interrupted for an emergency broadcast announcement. A news station manager threatens to destroy over twenty years of brand and image building with a new contract from hell. Her husband Roddreccus moved into the rental property and refuses to move home without explanation. Instead of finding confidence, fun, and freedom as she enters her mid-fifties she's faced with crises. Fans believed she had it all together but her dream team lost a member, a villain hijacked her fairy tale marriage and now she needs to remember how to be the Maya everyone thinks she is or lose the best thing she ever had. Natural Sistahs series is written by an African American author whose chosen her natural hair since 1998. While one of many indie published black authors she considers her books appropriate for the women's fiction category though most would be shelved in the black fiction, black books, African American women's fiction, or black women's fiction section in most physical bookstores.

Are you ready to get gorgeous, rich and easily managed hair all naturally? Whether you want to (1) get away from harsh, toxic chemicals that damage your hair, (2) stop paying through the nose for expensive hair care products, or (3) find solutions for your specific hair challenges that actually work, then keep reading as this book will show you everything you need to know. Ditch the damaging chemicals and use easily applied natural hair care products! No more guessing; now you can know exactly what you're putting into your hair and why. You can support a healthy hair lifestyle by choosing from mixtures of raw organic ingredients to make your hair shine. These treatments are silicone free and most are gluten free. Find out what nutrients your hair needs in order to look its very best. Learn to use organic ingredients that will repair your specific hair type and will enhance its shine and manageability. Learn how to reduce the oiliness of oily hair and how to effectively moisturize dry hair. You can experience some dramatic anti-aging benefits by turning to natural solutions that are surprisingly simple to make. You'll be using ingredients you have around your house to keep your hair vibrant, luscious, and glowing all year round. You won't need fancy lab equipment to make these high quality hair treatments; everything can be easily mixed up in your kitchen, using little more than a glass bowl and a spoon. Save money and get hair solutions that actually work! Keep your hair from breaking off, flying loose, or going all frizzy on you; relax tight curls or introduce waves into straight hair; better yet, do it all for a fraction of the cost it would take if you used commercial products! You will learn how to use essential oils for more than their refreshing aromatherapy; these concentrated essences can provide powerful healing and protective energies. When you use biodegradable materials that do not harm the soil and are safe when introduced into the water system, you are also giving your hair healthy nutrients they need to grow strong, lush, and vibrant. You can have incredible hair that will turn heads. Learn what your hair needs in order to thrive. Use easy-to-follow instructions to create your own stimulating shampoos out of ingredients easily found in a grocery store or pharmacy. Make no-fail conditioners and rinses that render your hair squeaky clean and highly manageable. Use homemade styling aids that are every bit

as powerful as their commercial counterparts, but are much less costly. Discover practical hair management pointers that are targeted for your specific hair type. You will also find some tips that will enhance your natural beauty and find practical advice to resolve some common hair care challenges. What Will You Discover About Natural Hair Care? How to use kitchen spices to enhance your hair's natural color. How to easily make your own shampoos and conditioners to strengthen and nourish your hair. Which bits of hair care lore actually work, and which are totally bogus! How to prevent hair loss and stimulate hair growth. How to make a simple styling gels that will add body to fine hair, without weighing it down. You Will Also Learn: The practical use of hair rinses to target specific needs. Foods you can eat that will give you healthier hair. What hairstyles work best for which types of hair. Pain-free strategies for growing out your bangs. Make your hair incredible at a fraction of the cost: Get this book now!

For use in schools and libraries only. Where tigers stalk and ground sloths sleep, amid sailing pirates and leaping dancers, young Bonnie ventures out with comb in hand to tame her friend's unruly mane.

The Men's Hair Book: A Male's Guide To Hair Care, Hair Styles, Hair Grooming, Hair Products and Rocking It All Without The Baloney is exactly what it says in the title. Written by popular men's hair expert Rogelio Samson, The Men's Hair Book gives the modern male an in-depth blueprint to getting his hair looking as he wants it to look without the baloney that abounds the men's hair field. The Men's Hair Book: A Male's Guide To Hair Care, Hair Styles, Hair Grooming, Hair Products and Rocking It All Without The Baloney is based on Rogelio's "hair-management equation": a pioneering system that optimizes the profiling, grooming, styling and caring of your hair so as to yield the overall solution of great-looking, convenient hair. The hair-management equation covers and optimizes everything that has to do with having hair that you can finally be happy with, and this system serves as the backbone of The Men's Hair Book and Rogelio's goal of spreading the word so as to have men worldwide carrying their hair with pride and in a self-actualizing manner. What's more is that The Men's Hair Book is related to the real world through barbershop case studies in every chapter so that you are able to relate your newly-acquired knowledge to the practical side of male hair care. This is what you will find in the 240+ pages of The Men's Hair Book: - A hair-profiling system that puts your hair into a type and length category and that also measures how much your hair may curl, altogether creating your particular hair ID. - The Norwood male-balding classification explained in detail so that you can identify any current or future hair loss you may suffer. - Rogelio's popular hair-grooming method, including his No Shampoo method and his Sebum Coating method. - All about cleaning your hair, from how to use shampoo to cleaning your hair without shampoo and via natural alternatives. - All about conditioners and how to make the most of the sebum you secrete (yes, your hair follicles secrete sebum!). - A full analysis of all hair products and how to select the appropriate ones according to your unique hair ID. - An in-depth coverage of how to style your hair, including the relevant hairstyles that suit your hair ID. - The correct methods to optimally using hair dryers and hair straighteners as a male without frying your hair. - Guidelines for growing your hair long and working out how long your hair will take to reach certain lengths and hairstyles. - A guide on how to shop for the correct barber or hairdresser. - A plan of action that has you seeing the optimizing of your hair as a journey that follows an optimal and efficient order and that is made up of a set of steps and actions to be implemented. - A big list of busted myths that will not only be extremely helpful for your hair-optimizing efforts but will also be great for bar talk! - The last chapter contains 36 miscellaneous questions that Rogelio has answered in depth so as to bulletproof your journey. - An appendix section with 29 visual references used throughout the book. - Every chapter is neatly summarized at the end with a "Conclusion" section to ensure that you have picked all the important knowledge taught in the chapter. - Each chapter is ended with a real-life case study that has occurred in a professional barbershop and that is related to the lesson learnt in the given chapter. The Men's Hair Book is of great use and benefit for: - Men who want to finally master their hair and stop wasting time with Mickey-Mouse stuff. - Men who want to stop wasting money on their hair and want their hair to become economically viable. - Men desiring to spice up their image and improve their self-esteem. - Men with sons who need help managing and embracing their hair. The same applies for any other male family members who need a solution for their hair. Enjoy 20 limited-detail illustrations, designed for those who would rather keep it simple. Each page was hand-drawn and edited by K J Kraemer, with you in mind. If you don't want to spend days on a project or just want room to get creative, this adult coloring book is for you!

Bullying. Homelessness. Abortion. Human trafficking. It doesn't take much searching to discover that there are a lot of things wrong in our world today. What could one person possibly do about all these issues? In I Dare You, Isabella Morganthal dares you to step out and make a difference in the world for Jesus Christ. She helps you dig deep and discover your passion, while encouraging you to do something about it. This is a dare to give everything you have to Jesus and watch Him do amazing things with your life. This is a dare to make your life count. This is a dare to change your world.

A charming story with Squilly Squirrel and his friends that helps children accept the physical characteristics that they may not be happy with. The longer version, Squilly Squirrel and Chipper Chipmunk's Springtime Adventure, won a Certificate of Merit "for outstanding achievement in writing" from the Deep River Books 2011 Writer's Contest.

Reproduction of the original: Love in A Cloud by Arlo Bates

Large Address Book For Contacts, Addresses, Home , Mobile, Work and Fax Numbers. The clear, big type makes it especially easy to use for seniors or the vision-impaired that can look up phone numbers and addresses - enough space for important contacts, and medical/emergency contacts. - 3 Addresses Per Page. - 18 Emergency Contact. - Space for almost 400 contacts. - Professionally-designed in 8' x 10' size, with plenty of space to read and write. - Standard Binding - No Page Tearing Like Spiral Bound Books.

This book is uniquely original and can be personalized with any girl's name. How fun is that? Think of the possibilities: baby or shower gifts, birthdays, a special something from grandma, and more. You can purchase the book as shown, using Faith in the title, or personalize it to suit your specific needs. Simply contact us at eStoryTime.com BEFORE placing your Amazon order and we'll take care of the rest. After contacting us, you'll still need to order the book through Amazon, so we'll send you a direct link to use when placing your order. It will assure the book is personalized with the name you've requested. We've taken the worry out of the process and your child will be thrilled with the final product. Who doesn't like to see their name on the cover or hear it related throughout the story? The author, Melissa Ryan, is the mother of five children and knows the importance of reading to your little ones. It instills a love of books and fosters an active imagination in the youngest of readers. Help start them on a path of discovery with Melissa's stories. The tale of Faith is perfect for bedtime, especially when unleashing the child's wonder by using her own name. This is a book that can be enjoyed over and over again, and will be remembered long after the last page is read and the lights turned out. Faith's Hiccups Day is beautifully written and will hold your child's attention while you share this delightful tale. Tag along with Faith as she giggles, HIC's, and jumps her way through a day with the hiccups. See the silly things her family suggests to solve her problem. It's a day filled with enough fun for everyone. Faith will capture your heart, and the moments spent reading it together will build fond memories that will be cherished throughout the years. Your little girls grow up all too fast; make lasting impressions while you can. This is just one of several books offered by Melissa in her ever-expanding children's book series. You'll learn to

love and appreciate the extra attention that goes into each volume. Special care is taken to keep the child's heart at the center of each story, helping them build character and learn something along the way. Encourage that special child in your life to embrace what is truly unique, and sometimes funny, about their developing personalities. Spend a few minutes with Faith on her I-Didn't-Do-It kind of day and make bedtime special, while you create a binding relationship with the power of reading...you'll look back in awe at the foundations you've built. Please customize and purchase this book for a special little girl in your life today. Tags: personalized children's books, personalized gifts, personalized baby gifts, personalized, bedtime stories, bedtime story, Faith, 1st birthday gifts

Escape from the everyday stresses in your life and unwind with Chromalaxing, Kaleidoscope Series, Adult Coloring Book #1. The first book in this great new series. Forty intricately and delightfully designed images. Printed one side per page. The reverse side includes the image number so you can leave your thoughts and specific feedback for us per image. Your finished work may be suitable for framing or gift giving. Our website (<http://www.chromalaxing.com>) features fun art contests. Enter today and show us your masterpiece for a chance to win great prizes. Vote for your favorites too. Our designs offer a pleasing variety in image complexity suitable for beginner to expert-level. Provides unlimited hours of relaxing stress relief, as well as an enjoyable artistic outlet. Tap into the soothing and rejuvenating effects that coloring has been shown to produce. Join countless adults all over the world and rediscover the fun and relaxing hobby of coloring. Grab your pencils, pens... relax and explore your creative side today.

With thousands of hair care products on supermarket, drugstore, and salon shelves, each with its own grandiose claims, consumers are understandably confused. In this new edition - with over 75 percent new material - the "Ralph Nader of rouge" applies her high standards to shampoos and conditioners, styling gels, mousses, hairsprays, dyes, and permanents, and also devotes a chapter to the concerns women of color may have, from relaxing techniques to braiding and weaving.

SIL brings to us a stylistic approach to the everyday matters of the heart by traveling through the most impactful relationships of her life.

TPTDE: The Little Pink Book journeys through times of both brokenness and completion during feelings of being lost and being found.

TPTDE includes rhythmic poetry, personalized messages and letters from SIL, and a Q&A section for reflection and journaling.

THE BIG BOOK OF HOME REMEDIES Discover Solutions to Everyday Problems With A Natural Approach Many of us are looking for alternative measures to treating the whole person, not just the disease or ailment. Natural healing treatments can pinpoint and correct the source of imbalance in the body that manifests as symptoms, ailments, disease or personal challenges. Western medicine is amazing for putting us back together following an accident or surgery to save our lives however mild ailments are at times best treated with natural healing alternative methods. Many times doctors reach for a prescription pad to mask pain and ailments, before thinking about what natural alternatives can assist the body to heal itself. The human body is an amazing tool, that is programmed to self heal. Unfortunately due to our lifestyles and "quick fix" mindsets we have forgotten how nature can assist us to heal ourselves. There are still cultures today that use natural methods for cleaning, healing and living. These cultures have limited diseases that we find in our Western life. They use plant based products and ingredients that don't require a Chemistry degree to understand and these cultures continue to live a natural healing lifestyle. Now lets put all our cards on the table here... You can't continue to live a healthy and fulfilled life using poisons and harm chemicals in your day to day life... right? RIGHT! Take a moment to think about how your life will look in 5 years, 10 years or even 20 years if you continue to expose yourself to toxic ingredients and harmful chemicals through personal care products, household cleaning chemicals, diet and medicine... .Taking care of your body, your vessel, is the most important thing you can do for yourself! Stop Wishing You Were One Of The Healthy Ones..... From Today You Too Can Live A Healthy Life In This Book You Will Discover..... Top tips on the best household healers and cleaner, best vitamins for your health, best aromatherapy oils, best exercises for your health, best stress relievers, best ways to combat insomnia and how to get a great nights sleep, reasons to grow organic foods, and so much more Home Remedies for some of the most common personal ailments like acne, back ache, asthma, eczema, constipation, cold and flu, stress, body odor, infections, cramps, PMS, thrush, warts and 100's more The secret methods of healing your doctor won't tell you Why thousands of people never fully recover from illnesses, but why you will What I know that will have your mind, body and spirit working together to heal your body, mind and spirit Your doctor holds all the answers to your medical problem right? WRONG! Facts on what is best for you is in scattered through the book WARNING - Long term pharmaceutical medication could be doing more harm than good to your body. Could natural painkillers help? Are you sick of not being able to understand the ingredients in personal care products and household cleaners? Wouldn't you rather use natural ingredients? The sneaky natural cleaning tips that the media never tell you about Give me one minute and I can tell you the two simple ingredients that will change the way you clean around your house; and it natural and safe The quick and easy ways to get sufficient nutrients into your body without having to take supplements... Because your eating healthy...right? The number one way to stimulate the body to release its own natural pain killers

A Collection of Matt Shaw's heartbreaking dramas Matt Shaw does not just write horror. In fact, when asked what his favourite books are, he often names the tales collected within this set. Stories of heartbreak, loss and grief - all with an element of hope... A hope we often forget when dealing with grief. Contained within this collection Heaven's Calling BOY: Built to Love The Missing Years of Thomas Pritchard (unpublished short story) Alone Heaven's Calling Josh and Holly could face anything thrown at them all the time they had each other. Their love would conquer anything and the world was their oyster. But when a tragic accident tears Josh away from Holly she realises that, without her husband, she cannot cope and her world begins to crumble; her loss being more than she can handle. Until, that is, she receives a phone call. Her late husband. The same time every day; he doesn't appear to know what has happened to him and Holly can't bring herself to tell him. She isn't even sure if it really is him calling or whether it's all in her tormented mind. Especially seeing as the calls only happen when she is alone. Is it all in her head, has she gone mad, or is heaven really calling? Boy: Built to Love No parent should have to bury their own child and yet that was exactly what they had to do. Stillborn; a young boy never to open his eyes to take in the world around him. And now Lucy and Jack's marriage was on the verge of crumbling under the strain of the grief they struggled to cope with. A grief made worse when the doctors tell them they'll never be able to have a child of their own due to complications from the last pregnancy. But what if it didn't have to be that way? What if there was a way of using science and technology to create a son they could love? What if Jack was able to use Artificial Intelligence to create A Boy: Built to Love? Is the answer to their problems to be found within the world of science-fiction or are they setting themselves up for yet more grief and sadness? The Missing Years of Thomas Pritchard August 3rd. 6:03am. The tranquil summer's morning was shattered by the desperate screams of Thomas' mother echoing down the near deserted suburban street. The few people milling about outside getting ready for their daily business had said they couldn't make out what the cries were about when they were interviewed. Not initially. Not until Anne, a pretty woman in her early thirties with shoulder length blonde hair, spilled out onto the street wearing nothing more than her dressing gown and slippers anxiously calling out for her five year old son, Thomas, to come out from wherever he was hiding. Eye witnesses reported Anne was closely followed by her husband Bill - a professional, clean-shaven man in his late thirties with dark, short hair - half dressed for work in his suit trousers and unbuttoned white shirt, and that he too looked just as frantic as the mother did. The year was 2003; the year Thomas disappeared from his home without a trace. * * * * August 3rd. 6:03am. A young, fragile looking hand knocked confidently on the white PVC of the front door to number twenty-two. The hand belonged to a smartly dressed, skinny fourteen year old, fresh-faced boy. Whilst waiting for an answer to his knocking he slid a brown leather satchel off his shoulder down onto the floor as though the weight was too much for him to bear any more. He went to knock again but stopped himself when he heard the sound of footsteps from the other side of the door as the freshly woken homeowner came to answer his initial knocking. There was the slightest of pauses as keys were

twisted in locks before the door opened as much as the strong, gold, security chain would permit it to. "Can I help you?" asked the homeowner, a frail looking woman in her late sixties. "Where's my mum?" asked the boy. The year was 2012; the year Thomas came home. Amara is a sweet little girl with hair as BIG, natural, and as beautiful as can be! Learn her weekly natural hair routine, as she continues to embrace what makes her unique. Amara encounters others who aren't used to seeing different hair styles and textures like her own. Experience the story of a bold, young girl, who is proud of who is, and the natural hair she was born with!

COSMETOLOGISTS ARE TRAINED TO MAINTAIN and care for hair, skin, and nails. Most are hair stylists, estheticians, nail technicians, or makeup artists. This is a very broad industry that offers numerous opportunities to specialize in very specific kinds of work. For example, a trained hair stylist might work only with wigs and hairpieces, or a makeup artist might work in live theater or for a local TV station. Most specializations are based on personal preference and experience, but some such as microderm abrasion or master coloring, require advanced training. There are more than 600,000 of these professionals working in the US. That number is expected to rise faster than the average for the foreseeable future. The demand for licensed cosmetologists is greatest in hair salons and barber shops, nail salons, and day spas. There are also many jobs being created in resort hotels and department stores, on cruise ships and film and television sets, and backstage at fashion shows and magazine photo shoots. There are even traveling cosmetologists who bring their services to people in their own homes, assisted living facilities, hospitals, or small towns that do not have a salon. If you are creative, good with people, and willing to keep learning more about your craft, this could be the right career choice for you. Cosmetology is a rock-solid profession that thrives even through economic downturns. Women and men always want to feel good about the way they look - almost more than anything else.

In "Color My Fro," 31 big-haired fairies, mermaids, warriors, models, cheerleaders, and fierce divas grace the pages of this coloring book celebrating the beauty of black women and natural hair. At each turn of the page, a new natural hair inspired illustration greets you. Fun for any occasion, "Color My Fro" is the perfect stocking stuffer for natural hair lovers of any age so grab your crayons, colored pencils, and your afro pick and get started! Looking for more books celebrating the beauty of black women and children with natural hair? Check out Crystal Swain-Bates' other books, all of which are available on Amazon: Children's Books: "Big Hair, Don't Care" by Crystal Swain-Bates "The Colorful Adventures of Zoe & Star" by Crystal Swain-Bates Adult Books: "How to Go Natural Without Going Broke" by Crystal Swain-Bates KITTY'S BIG ADVENTURE - This short, easy-to-read children's story is told with 332 words and 34 color photos. The story is about a stuffed animal named Kitty and Kitty's friends Al and Wendell, who are stuffed baby raccoons. The three friends take a trip to Grandfather Mountain, a state park in North Carolina. There they see deer, a bear, an eagle, a cougar, and an otter. They also go on the Mile High Swinging Bridge and visit the Nature Museum. The story ends with them riding home in the car.

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